

ENR 5.5 AERIAL SPORTING AND RECREATIONAL ACTIVITIES

Designation and Lateral limits	Vertical limits	Remarks and Time of ACT
PARAGLIDING ZONE Bandipur, Gorkha 27° 56' 28" N; 084° 23' 08" E 27° 56' 20" N; 084° 25' 04" E 27° 56' 48" N; 084° 24' 55" E 27° 55' 02" N; 084° 22' 56" E	<u>5000 ft AMSL</u> GND	BTN 0415-1115 UTC Daily, See the Paragliding Zone Chart for details ENR 5.5-6
PARAGLIDING TRAINING ZONE Sowrek, Syangja Take-off point: 28° 01' 20.50" N; 083° 44' 00.90" E Landing point: 28° 00' 23.60" N; 083° 46' 31.30" E P1: 27° 58' 58.29" N; 083° 35' 15.74" E P2: 28° 02' 26.71" N; 083° 38' 02.45" E P3: 28° 06' 33.56" N; 083° 15' 32.31" E	<u>5500 ft AMSL</u> GND <u>8500 ft AMSL</u> GND	BTN Sunrise to sunset Daily, See the Paragliding Zone Chart for details ENR 5.5-7
PARAGLIDING ZONE Bishankhu Narayan VDC, Lalitpur A 27° 36' 06.97" N; 085° 22' 00.22" E B 27° 37' 17.98" N; 085° 22' 38.33" E C 27° 36' 51.86" N; 085° 23' 21.03" E D 27° 36' 06.20" N; 085° 24' 07.89" E E 27° 35' 44.31" N; 085° 24' 30.47" E F 27° 35' 27.44" N; 085° 24' 25.06" E G 27° 35' 23.03" N; 085° 23' 52.58" E H 27° 35' 15.73" N; 085° 22' 44.89" E	ABCH <u>5500 ft AMSL</u> GND CDGH <u>6500 ft AMSL</u> GND DEFG <u>7000 ft AMSL</u> GND	BTN 0315-1115 UTC Daily See the Paragliding Zone Chart for details ENR 5.5-8
LAUREK AIRSTRIp ULTRALIGHT TRAINING AREA, Laurek, Pokhara THR A 28 ° 14' 31.6" N, 083 ° 53' 03.0" E THR B 28 ° 14' 30.6" N, 083 ° 53' 08.9" E	<u>4500 ft AMSL</u> GND	BTN 0015 - 1115 UTC Daily, See the Paragliding Zone Chart for details ENR 5.5-9
LAFSIFEDI PARAGLIDING ZONE, Kathmandu A 27° 47' 34.77" N 085° 29' 25.60" E B 27° 48' 08.68" N 085° 31' 02.18" E C 27° 46' 49.63" N 085° 31' 54.51" E D 27° 46' 17.38" N 085° 30' 18.47" E	<u>6000 ft AMSL</u> GND	BTN 0415-0915 UTC Daily, See the Paragliding Zone Chart for details ENR 5.5-10 and 5.5-11
Mandredhunga/Torepani Paragliding Zone, Pokhara Take off T1: 28 15 56.4N, 083 55 07.7E Alternate Take off T2: 28 15 23.2N, 083 56 03.2E Landing L1 : 28 14 12.0N, 083 54 35.8E Alternate Landing L2: 28 13 36.12N, 083 56 02.47E Boundary Points Lateral Limit: A 28 16 23N, 083 54 06E B 28 15 36N, 083 56 22E C 28 13 34N, 083 56 49E D 28 13 11N, 083 54 26E E 28 13 36N, 083 53 15E	<u>5500 ft AMSL</u> GND	BTN 0515 – 1045 UTC during VFR Condition only See the Paragliding Zone Chart for details ENR 5.5-12

PARAGLIDING ZONE-A Dharan, Sunsari A 26° 52' 28.94" N; 087° 18' 15.37" E B 26° 51' 29.25"N; 087° 20' 11.69" E C 26° 48' 54.57" N; 087° 17' 36.71" E D 26° 49' 18.73" N; 087° 16' 49.61" E	<u>4500 ft. AMSL</u> GND	BTN Sunrise to sunset Daily, See the Paragliding Zone Chart for details ENR 5.5-13 Take-off point: 26° 51' 06.94" N; 087° 18' 40.26" E, Altitude 4002ft. Landing point: 26° 49' 30.79" N; 087° 17' 38.96" E, Altitude 787ft.
PARAGLIDING ZONE-B Dharan, Sunsari A 26° 51' 00.63" N; 087° 16' 23.00" E B 26° 50' 23.12" N; 087° 17' 13.34" E C 26° 49' 05.45" N; 087° 16' 22.94" E D 26° 49' 06.93" N; 087° 14' 29.52" E	<u>4000 ft. AMSL</u> GND	BTN Sunrise to sunset Daily, See the Paragliding Zone Chart for details ENR 5.5-13 Take-off point: 26° 50' 16.36" N; 087° 16' 25.73" E, Altitude 2591ft. Landing point: 26° 49' 12.53" N; 087° 14' 46.50" E, Altitude 1345ft.
ULTRA-LIGHT ROUTES Pokhara, Kaski FEWA VNPk-SARANGKOT-FEWA-VNPk FISHTAIL-1 VNPk-SARANGKOT-GHACHOK- KASKIKOT- FEWA-VNPk FISHTAIL-2 VNPk-ARBA-GHACHOK- KASKIKOT-FEWA-VNPk ANNAPURNA-1 VNPk-SARANGKOT-TARA HILL TOP- KORCHUN- CHHOMRONG- KASKIKOT- FEWA-VNPk ANNAPURNA-2 VNPk-ARBA-TARA HILL TOP- KORCHUN- CHHOMRONG- KASKIKOT-FEWA-VNPk	FEWA <u>4000 ft. AMSL</u> GND FISTAIL-1 <u>8000 ft. AMSL</u> GND FISTAIL-2 <u>8000 ft. AMSL</u> GND ANNAPURNA – 1 <u>10500 ft. AMSL</u> GND ANNAPURNA – 2 <u>10500 ft. AMSL</u> GND	Coordinates FEWA 28 11 49.40N 083 56 07.13E SARANGKOT 28 14 44.22N 083 56 54.71E ARBA 28 13 58.10N 084 02 08.50E KASKIKOT 28 15 59.81N 083 54 35.89E GHACHOK 28 19 45.45N 083 56 12.98E TARA HILL TOP 28 22 02.29N 084 03 36.87E KORCHUN 28 23 23.54N 083 56 06.42E CHHOMRONG 28 24 54.78N 083 49 06.16E Bearing/Distance from ARP Pokhara FEWA 265 ⁰ /2.5 NM SARANGKOT 327 ⁰ /3.2 NM ARBA 056 ⁰ /3.5 NM KASKIKOT 316 ⁰ /5.5 NM GHACHOK 343 ⁰ /8.0 NM TARA HILL T OP 023 ⁰ /10.8 NM KORCHUN 348 ⁰ /11.7 NM CHHOMRONG 326 ⁰ /15.5 NM For Ultra-light Details see ENR 5.5-14
PARAGLIDING ZONE, Tumlingtar, Sankhuwasabha Take-off Point: 27 °26 '41.3346" N,087°12'57.6" E Landing Point : 27 °23 '36.456" N,087°12'02.662" E ARP : 27° 19' 02' N; 087° 11' 43" E Boundary Points Lateral Limit A 27 °31 '42.700" N,087°07'20.600" E B 27 °31 '41.650" N,087°18'35.773" E C 27 °23 '35.858" N,087°17'39.837" E D 27 °23 '36.828" N,087° 06'25.485" E	<u>95 00 ft. AMSL</u> GND	Bearing/Distance A 345 ⁰ /13 NM B 025 ⁰ /14 NM C 040 ⁰ /7 NM D 315 ⁰ /6.5 NM See the paragliding Zone Chart for details ENR 5.5-15

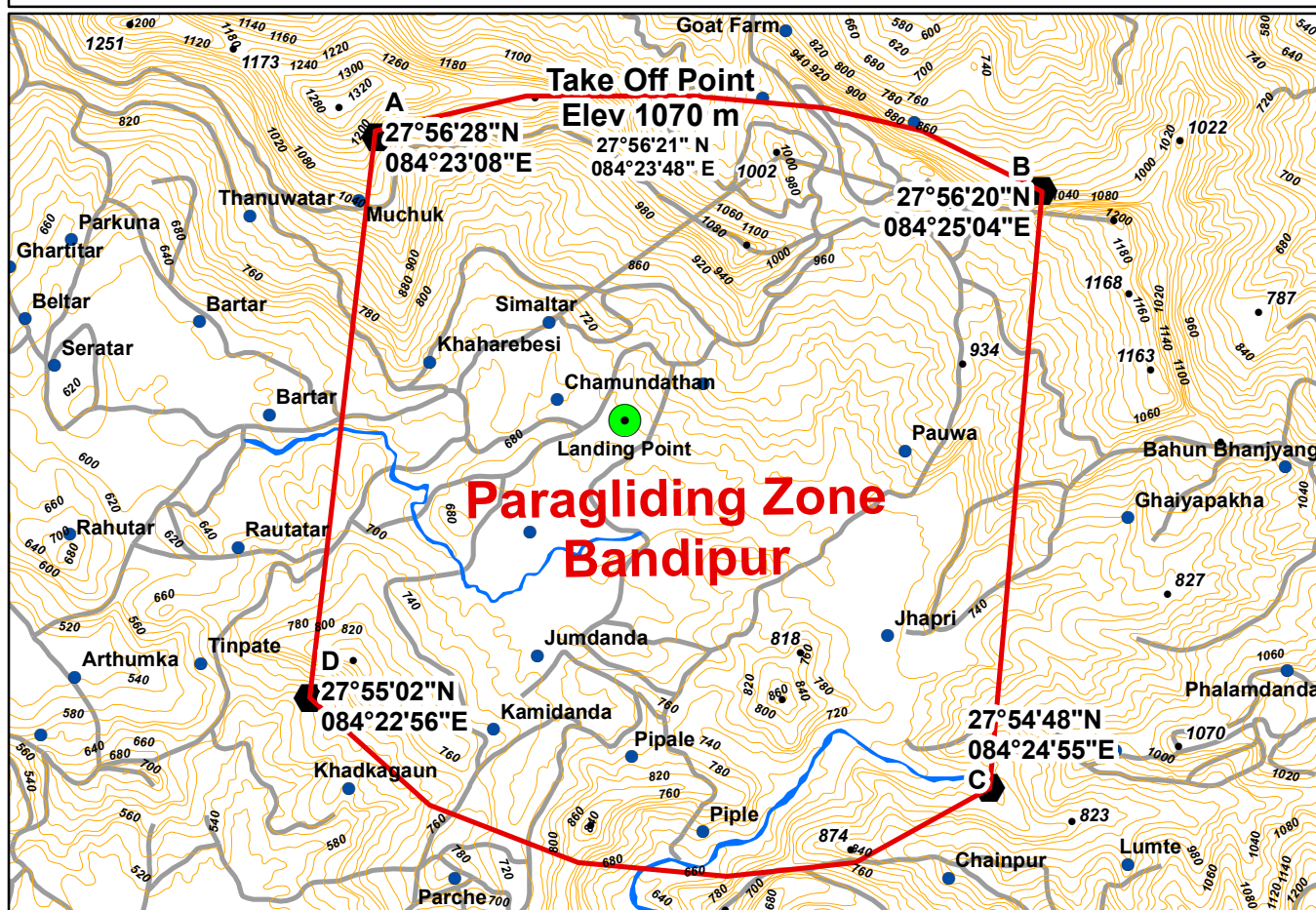
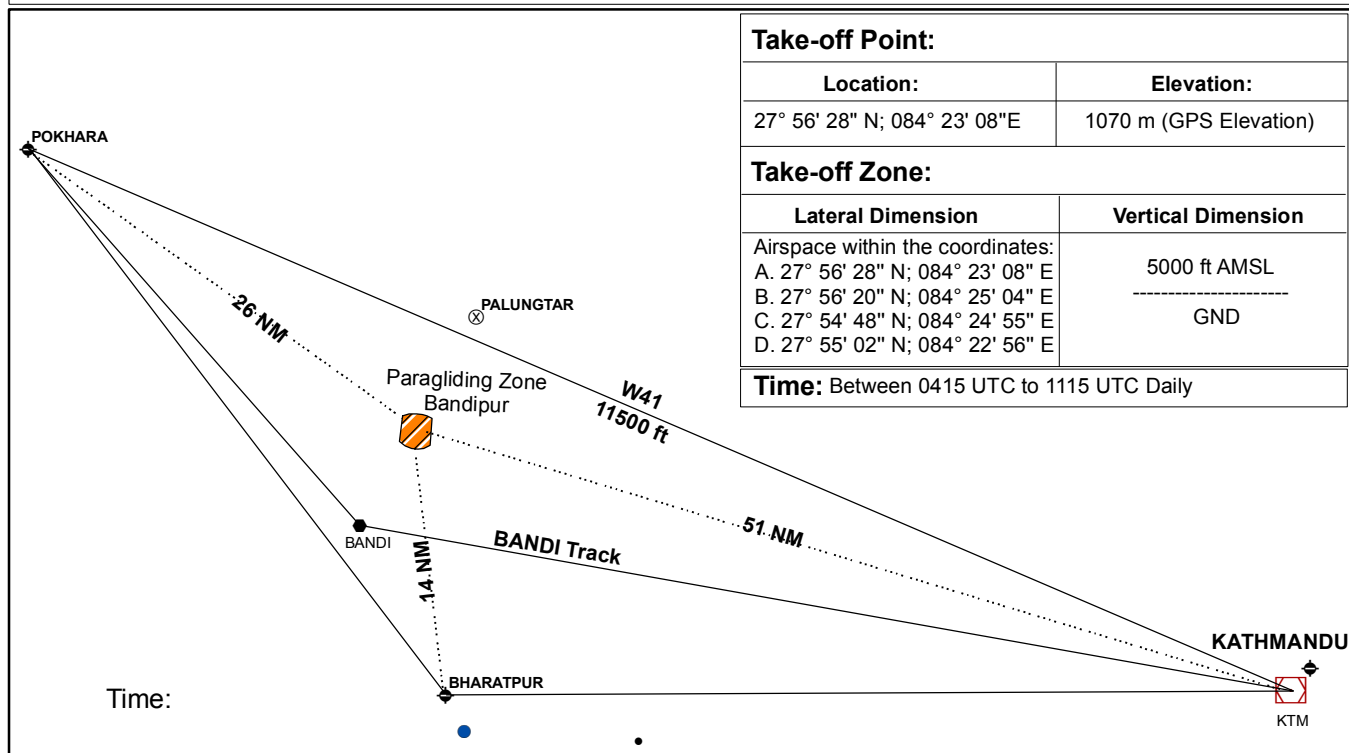
BELKHA PARAGLIDING ZONE, Udhayapur. Take-off Point Belkha : 26° 51' 24.54" N; 087° 08' 16.14" E Landing Point Koshikinar (Main) : 26° 50' 49.22" N; 087° 08' 48.57" E Belkha Landing Site (Alternate) 26° 50' 55.60" N; 087° 08' 45.77" E Boundary Points Lateral Limit C1 26° 51' 50.30" N; 087° 08' 11.62" E C2 26° 51' 50.12" N; 087° 09' 05.46" E C3 26° 50' 48.09" N; 087° 09' 05.59" E C4 26° 50' 33.20" N; 087° 08' 15.39" E	2000 ft. AMSL GND	Elevation of Take-off Point: 1450 ft. Elevation of Landing Point Koshikinar(Main) : 178ft. Elevation of Belkha Landing site(Alternate) :196 ft. Remarks: 1. Paragliding Zone lies within R343- R346and 22 DME- 25 DME from 'BRT' VOR/DME 2. Time of operation : Sunrise to Sunset duringVMC 3. Prior coordination with Biratnagar Towershall be needed before commencing the Paragliding training activities. See the paragliding Zone Chart for detailsENR 5.5-16
DHARAN PARAGLIDING TRAINING ZONE, Dharan Take-off Point Dharan : 26° 51' 06.94" N; 087° 18' 40.26" E Landing Point Dharan (Main) : 26° 45' 30.79" N; 087° 17' 38.96" E Landing Point Urlabari, Morang (Alternate) : 26° 45' 30.99" N; 087° 40' 10.71" E Boundary Points Lateral Limit T1 26° 52' 28.71" N; 087° 18' 16.28" E T2 26° 49' 26.25" N; 087° 17' 12.90" E T3 26° 48' 59.06" N; 087° 18' 09.55" E T4 26° 47' 44.01" N; 087° 26' 11.07" E T5 26° 42' 53.66" N; 087° 41' 27.49" E T6 26° 47' 01.32" N; 087° 43' 41.07" E	4500 ft. AMSL GND	Elevation of Take-off Point: 4002 ft. Elevation of Landing Point Dharan (Main) :787ft. Elevation of Landing Point Urlabari, Moring(Alternate) : 375 ft. Remarks 1. Training Paragliding Zone lies within R004-R058 and 21 DME - 32 DME from 'BRT' VOR/DME 2. Time of Training Operation : Sunrise toSunset during VMC 3. Prior coordination with Biratnagar Tower shall be needed before commencing theParagliding training activities. See the paragliding Zone Chart for detailsENR 5.5-17
PARAGLIDING ZONE Suryachaur, Sivapuri, Nuwakot Point A 27°50'28.5216"N; 085°17'01.29"E Point B 27°51'07.0452"N; 085°19'09.5"E Point C 27°49'44.1876"N; 085°19'41.034"E Point D 27°49'05.6712"N; 085°17'33.9984"E Radial/Dis. From KTM Point A 341°/10.6NM Point B 352°/11NM Point C 354°/9.35NM Point D 341°/9NM	6500ft AMSL GND	BTN 0415 UTC to 1015 UTC Take off point : 27°49'24.9377"N; 085°18'36.9133"E Landing Point : 27°50'47.7888"N; 085°18'05.4223"E See the paragliding Zone Chart fordetails ENR 5.5-18
PARAGLIDING ZONE Tistung, Makwanpur Point A 27°41'53.7108"N; 085°03'07.8624"E Point B 27°43'53.85"N; 085°03'06.6816"E Point C 27°43'54.5556"N; 085°04'39.00"E Point D 27°41'54.4236"N; 085°04'40.15"E Radial/Dis. From KTM Point A 273.00°/15.88NM Point B 280.43°/16.20NM Point C 282.00°/14.87NM Point D 273.92°/14.52NM	5000ft AMSL GND	BTN 0415 UTC to 1015 UTC Take off point (Badere Bhanjyang) : 27°42'54.49"N; 085°04'39.58"E Landing Point (Lidhi Dobhan) : 27°42'53.78"N; 085°03'07.27"E See the paragliding Zone Chart fordetails ENR 5.5-19
PARAGLIDING ZONE, Kanyam, Ilam Take-off Point: 26° 52' 23.392"N; 088° 05' 10.374"E Landing Point : 26° 52' 19.783"N; 088° 06' 12.125"E ARP : 26° 34' 11"N; 088° 04' 38"E Boundary Points Lateral Limit A 26° 53' 27.359"N; 088° 04' 07.761"E B 26° 53' 15.919"N; 088° 07' 23.480"E C 26° 51' 27.236"N; 088° 03' 59.059"E D 26° 51' 15.801"N; 088° 07' 14.722"E	6000 ft. GND	BRG/DIST from VNCG A 358°/19.2 NM B 007°/19.1 NM C 358°/17.2 NM D 007°/17.2 NM See the paragliding Zone Chart for details ENR 5.5-20

SURKHET GADI PARAGLIDING ZONE, Surkhet. Boundary Points Lateral Limit A 28°38'17.52"N; 081°34'47.69"E B 28°38'17.22"N; 081°35'55.89"E C 28°36'45.77"N; 081°35'55.37"E D 28°36'46.07"N; 081°34'47.19"E	4000 ft. GND	Take-off Point: 28°38'02.90"N; 081°35'03.60"E Landing Point : 28°36'48.40"N; 081°35'34.30"E See the paragliding Zone Chart for details ENR 5.5-21									
CHAUDANDI GADI UDHYAPUR PARAGLIDING TRAINING ZONE T1 26°58'44.40"N 086°30'15.11"E T2 26°50'17.12"N 086°35'50.42"E T3.26°50'03.15"N 087°02'13.72"E T4 26°56'34.52"N 087°01'34.96"E	<u>3000 ft.</u> GND	Take-off point: 26°52'36.76"N; 086°56'25.73"E Landing point: 26°50'51.93"N; 086°56'53.80"E See the paragliding Zone Chart for details ENR 5.5-22									
HIGH ALTITUDE FLYING COURSE ZONE, LAMJUNG DISTRICT Boundary points : Latitude longitude Area 1 A : 283345N 0843008E Meme- B : 282412N 0843845E Pokhari C : 281913N 0843532E Area H : 282556N 0842538E Area 2 C : 281913N 0843532E Bahundanda D : 281420N 0843222E Area G : 282016N 0842233E H : 282556N 0842538E Area 3 D : 281420N 0843222E Bajhakheta E : 280801N 0842816E Area F : 281432N 0841926E G : 282016N 0842538E	<u>8000m</u> GND <u>4000M</u> GND <u>2500M</u> GND	<table border="1"> <thead> <tr> <th>TAKE-OFF</th> <th>COORDINATES</th> <th>ALTITUDE</th> </tr> </thead> <tbody> <tr> <td>T1 : MEMEPOKHARI</td> <td>282215N 0843502E</td> <td>4400M</td> </tr> <tr> <td>T2 : DHARAPANI</td> <td>282622N 0842817E</td> <td>4900M</td> </tr> </tbody> </table> DANDA LANDING L1 : PHALENI PHANT 281246N 0842653E 720M L2 : BESISAHAR 281419N 0842246E 700M L3 : KERABARI 281031N 0842713E 680M See the paragliding Zone Chart for details ENR 5.5-23	TAKE-OFF	COORDINATES	ALTITUDE	T1 : MEMEPOKHARI	282215N 0843502E	4400M	T2 : DHARAPANI	282622N 0842817E	4900M
TAKE-OFF	COORDINATES	ALTITUDE									
T1 : MEMEPOKHARI	282215N 0843502E	4400M									
T2 : DHARAPANI	282622N 0842817E	4900M									
CHAUKI DANDA PARAGLIDING ZONE BHARATPUR, CHITWAN Boundary Points Lateral Limit A 27° 48' 27.02"N 084° 27' 24.57"E B 27° 48' 18.28"N 084° 28' 31.46"E C 27° 47' 17.14"N 084° 28' 21.14"E D 27° 47' 08.82"N 084° 28' 41.50"E E 27° 45' 35.07"N 084° 27' 53.08"E F 27° 45' 49.67"N 084° 26' 58.03"E	<u>4000 ft.</u> GND	Take-off (Chauki Danda) : 27°47'53.00"N; 084°27'53.00"E Take-off (Kabilis Danda) 27°46'54.05"N; 084°27'56.66"E See the paragliding Zone Chart for details ENR 5.5-24									
BISHWA BAZZAR PARAGLIDING ZONE, DEVISTHAN DANDA, KAVREPALANCHWOK Boundary Points Lateral Limit A 27°37'36.00"N 085°34'6.23"E B 27°35'36.26"N 085°34'13.79"E C 27°35'45.52"N 085°35'46.54"E D 27°37'42.20"N 085°35'35.49"E	<u>Below 4700 ft</u> GND	Take-off Point (Devasthan Danda) 27°36'38"N; 085°34'08"E Take-off Point (Badalgaun) 27°36'45"N; 085°35'41"E See the paragliding Zone Chart for details ENR 5.5-25									
MANEDANDA PARAGLIDING ZONE, Ramechhap Boundary Points Lateral Limit A 27°16'46"N 86°08'59"N B 27°15'04"N 86°11'14"N C 27°14'26"N 86°10'38"N D 27°14'42"N 86°09'33"N E 27°16'09"N 86°08'23"N	<u>5000ft AMSL</u> GND	Take-off point : DAIJOR 27°16'16"N 86°09'02"E Landing Point : CHYAKUTAR 27°15'01"N 86°10'40"E See the paragliding Zone Chart for details ENR 5.5- 26									

RAPTI PARAGLIDING ZONE, Dang Boundary Points Lateral Limit A 27°54'24"N 82°40'45"E B 27°53'57"N 82°42'57"E C 27°50'23"N 82°42'13"E D 27°50'50"N 82°40'01"E				<u>4000 ft AMSL</u> GND	Take-off point : DEVIKOT 27°53'34"N 82°41'44"E Landing Point : MAURIGHAT 27°51'37"N 82°41'24"E See the Paragliding Zone Chart for details ENR 5.5-27
CHITLANG PARAGLIDING ZONE, Makwanpur Boundary Points Lateral Limit C1 27° 40' 21.13"N 85° 11' 49.26"E C2 27° 40' 46.24"N 85° 11' 19.33"E C3 27° 38' 52.33"N 85° 09' 38.09"E C4 27° 38' 28.13"N 85° 10' 18.77"E				<u>7000 ft AMSL</u> GND	Take -off Point: T (Chandragiri) 27° 40' 30.00" N 85° 11' 31.00"E Landing Point: L (Chitlang) 27° 39' 55.00" N 85° 11' 16.00" E VOR/DME of Tribhuvan International Airport 27° 40' 25.00" N 85° 20' 55.00" E See the Paragliding Zone Chart for details ENR 5.5-28
ANDHIKHOLA PARAGLIDING ZONE, Syangja Boundary Points Lateral Limit A 28°00'54"N 83°47'57"E B 27°59'55"N 83°48'28"E C 27°59'08"N 83°46'29"E D 28°06'07"N 83°45'59"E				<u>5000 ft AMSL</u> GND	Take-off point : MANSYANKOT 28°00'11"N 83°47'39"E Landing Point : TRIYASI 27°59'52"N 83°46'47"E See the paragliding Zone Chart for details ENR 5.5-29
BHIMBADH KALIKA PARAGLIDING ZONE, Tanahu. Boundary Points Lateral Limit A 27° 59' 42.738" N 84° 3' 46.901" E B 27° 59' 39.209" N 84° 4' 10.860" E C 27° 58' 27.166" N 84° 5' 33.691" E D 27° 58' 5.245" N 84° 5' 0.010" E E 27° 58' 43.928" N 84° 4' 11.525" E F 27° 58' 51.023" N 84° 3' 3.539" E G 27° 59' 0.390" N 84° 2' 29.318" E				<u>3000 ft AMSL</u> GND	Take-off point : 27° 59' 34.008" N 84° 3' 49.608" E Main Landing Point : 27° 59' 3.012" N 84° 2' 51.000" Alternate Landing Point 1 27° 59' 0.996" N 84° 3' 30.996" E Alternate Landing Point 2 27° 58' 27.012" N 84° 4' 46.992" E See the Paragliding Zone Chart for details ENR 5.5-30
Syarpur Paragliding and SIV Zone, Banphikot, Rukum Boundary Points					Take off point : 284234N 0822816E Elevation 8100FT Landing point: 284207N 0822907E Elevation 4350FT ARP VNSL : 283814N 0822658E See the Paragliding Zone Chart for details ENR 5.5-31
Area 1	A1	284516N	0822427E	<u>11000 ft AMSL</u> GND	
	A2	284725N	0823216E		
	Y	284126N	0824114E		
	X	283628N	0823715E		
	A5	284119N	0822620E		
Area 2	X	283628N	0823715E	<u>9000 ft AMSL</u> GND	
	Y	284126N	0824114E		
	A3	283612N	0824857E		
	A4	283152N	0824603E		

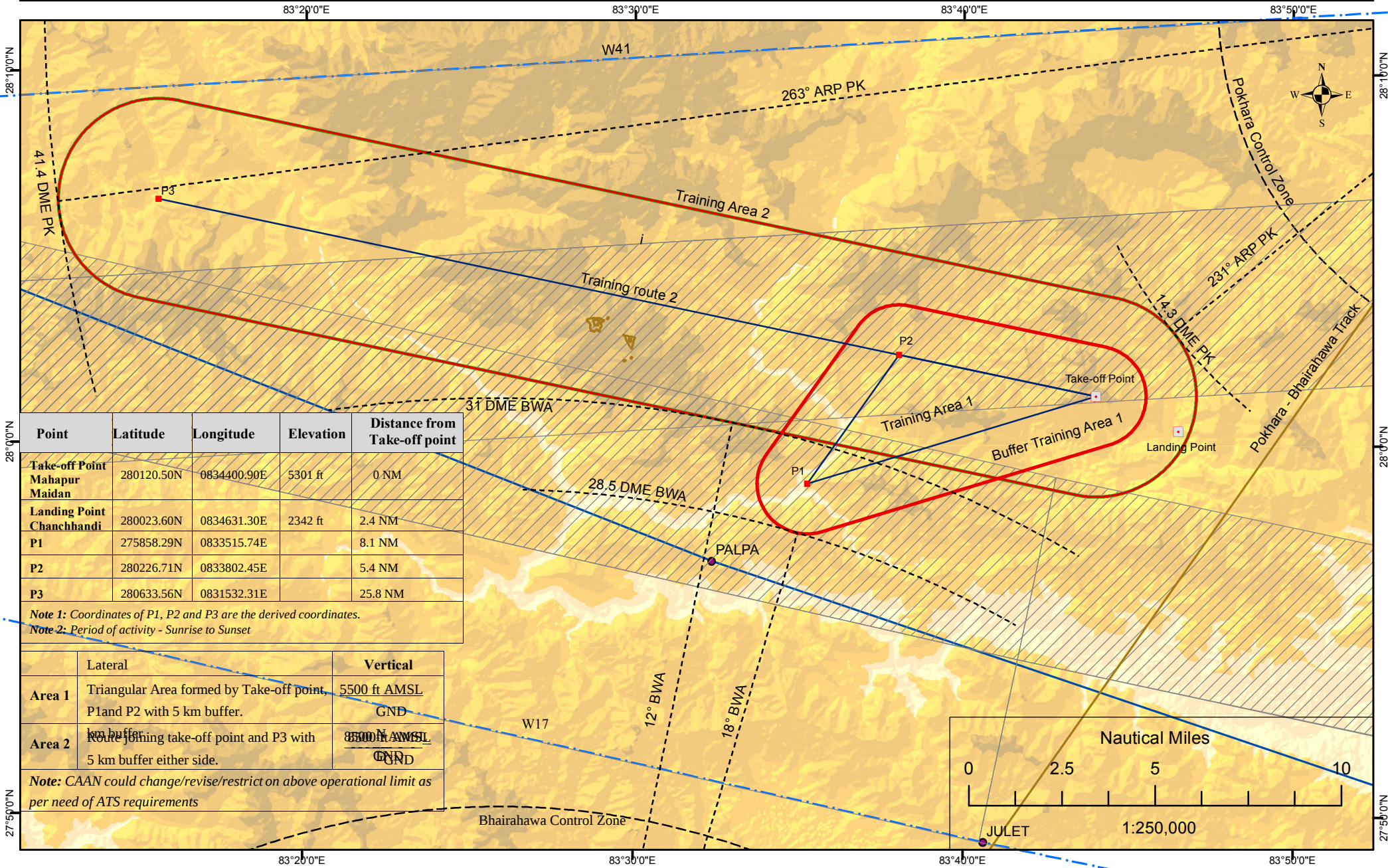
- Pilots to exercise caution while flying over Paragliding area.
- Paragliding activities shall be conducted strictly during the VMC conditions.
- Paragliding company should acquire prior coordination/permission with/from respective Civil Aviation Office or /Airport / or ATS operation before starting each operation.
- Ultra-Light Routes at Pokhara Airport
 - These routes are applicable in VFR operation ONLY. Above stated maximum altitude is just for guideline. Terrain clearance is Pilot's sole responsibility.
 - Deviation subject to weather and traffic avoidance in these routes is prior coordination

Paragliding Zone Bandipur



Note: - 1. Paraglide company must coordinate with Pokhara Tower before starting the operation.
2. Pilots to exercise caution while flying over that area.

Paragliding Training Zone, Sworek, Syangja



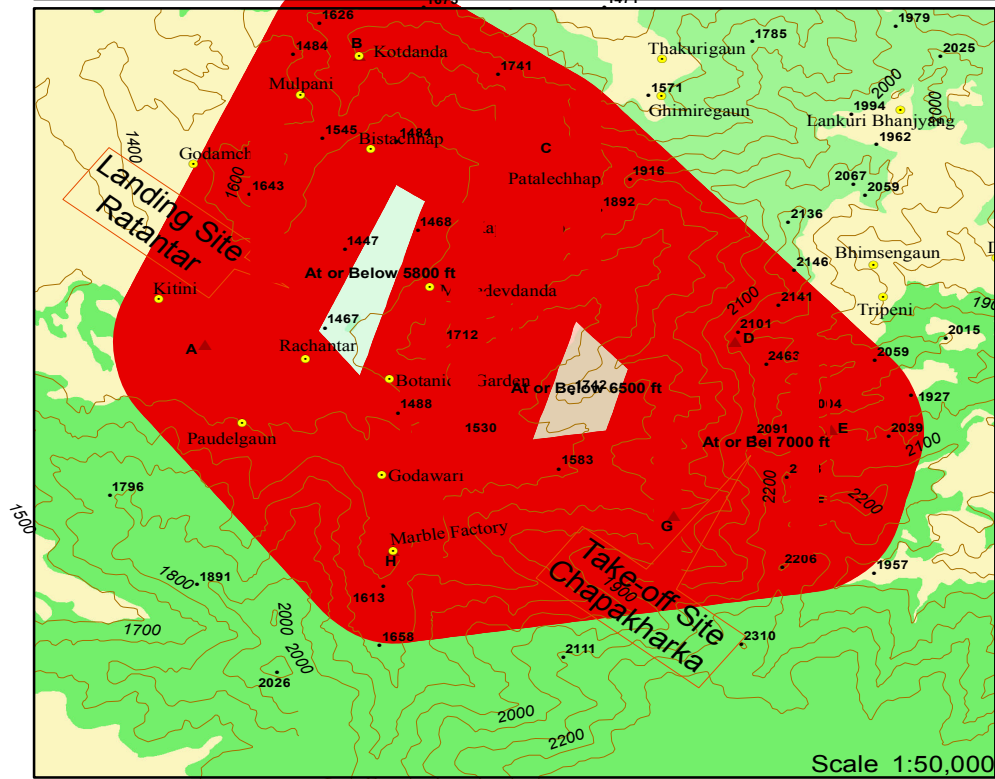
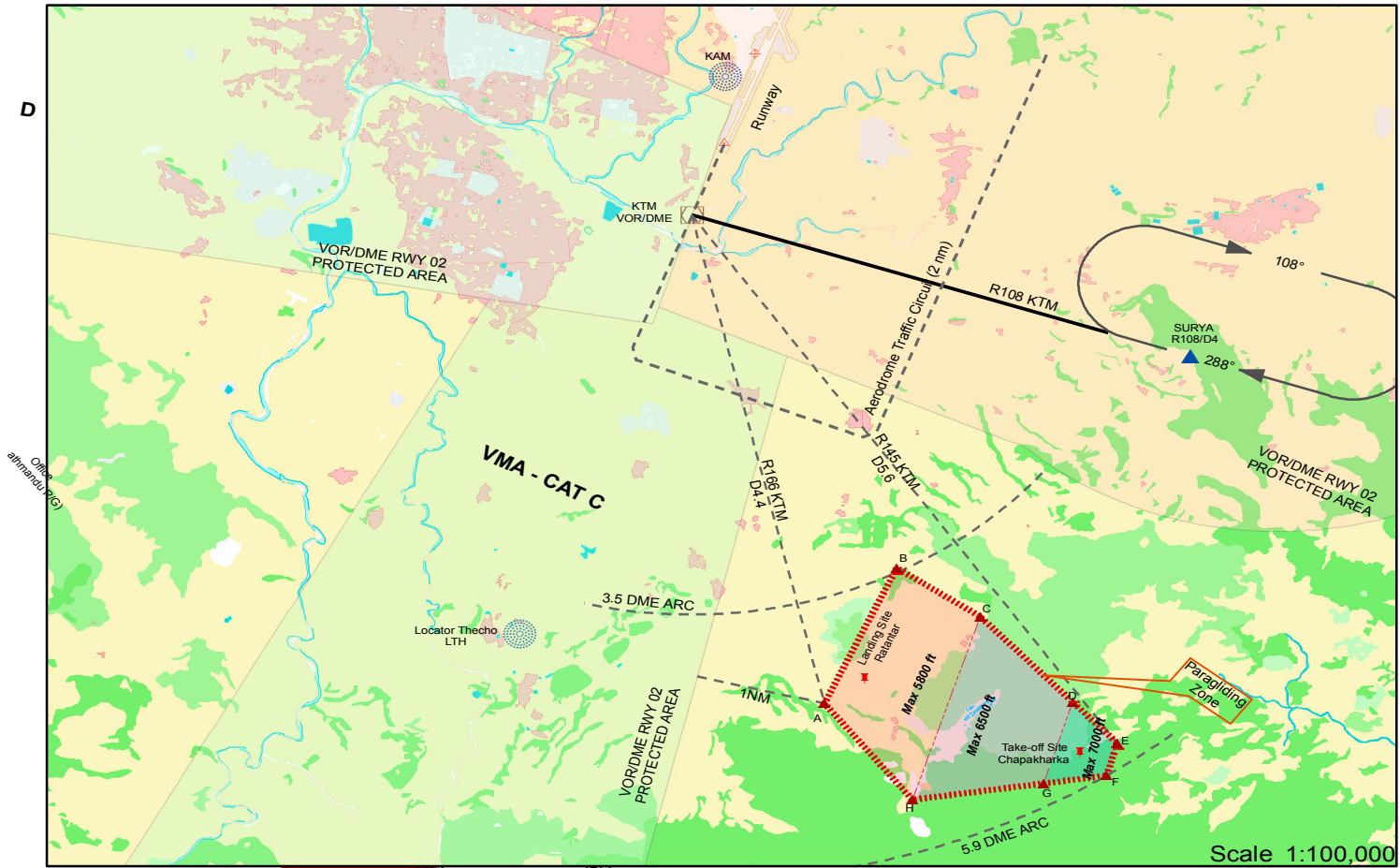
Point	Latitude	Longitude	Elevation	Distance from Take-off point
Take-off Point Mahapur Maidan	280120.50N	0834400.90E	5301 ft	0 NM
Landing Point Chanchhandi	280023.60N	0834631.30E	2342 ft	2.4 NM
P1	275858.29N	0833515.74E		8.1 NM
P2	280226.71N	0833802.45E		5.4 NM
P3	280633.56N	0831532.31E		25.8 NM

Note 1: Coordinates of P1, P2 and P3 are the derived coordinates.
Note 2: Period of activity - Sunrise to Sunset

	Lateral	Vertical
Area 1	Triangular Area formed by Take-off point, P1 and P2 with 5 km buffer.	5500 ft AMSL GND
Area 2	Route joining take-off point and P3 with 5 km buffer either side.	3500 ft AMSL GND

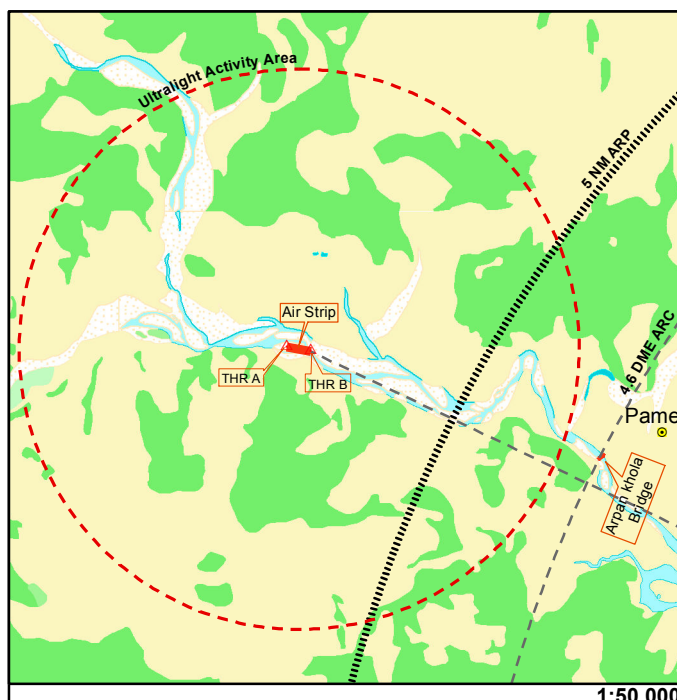
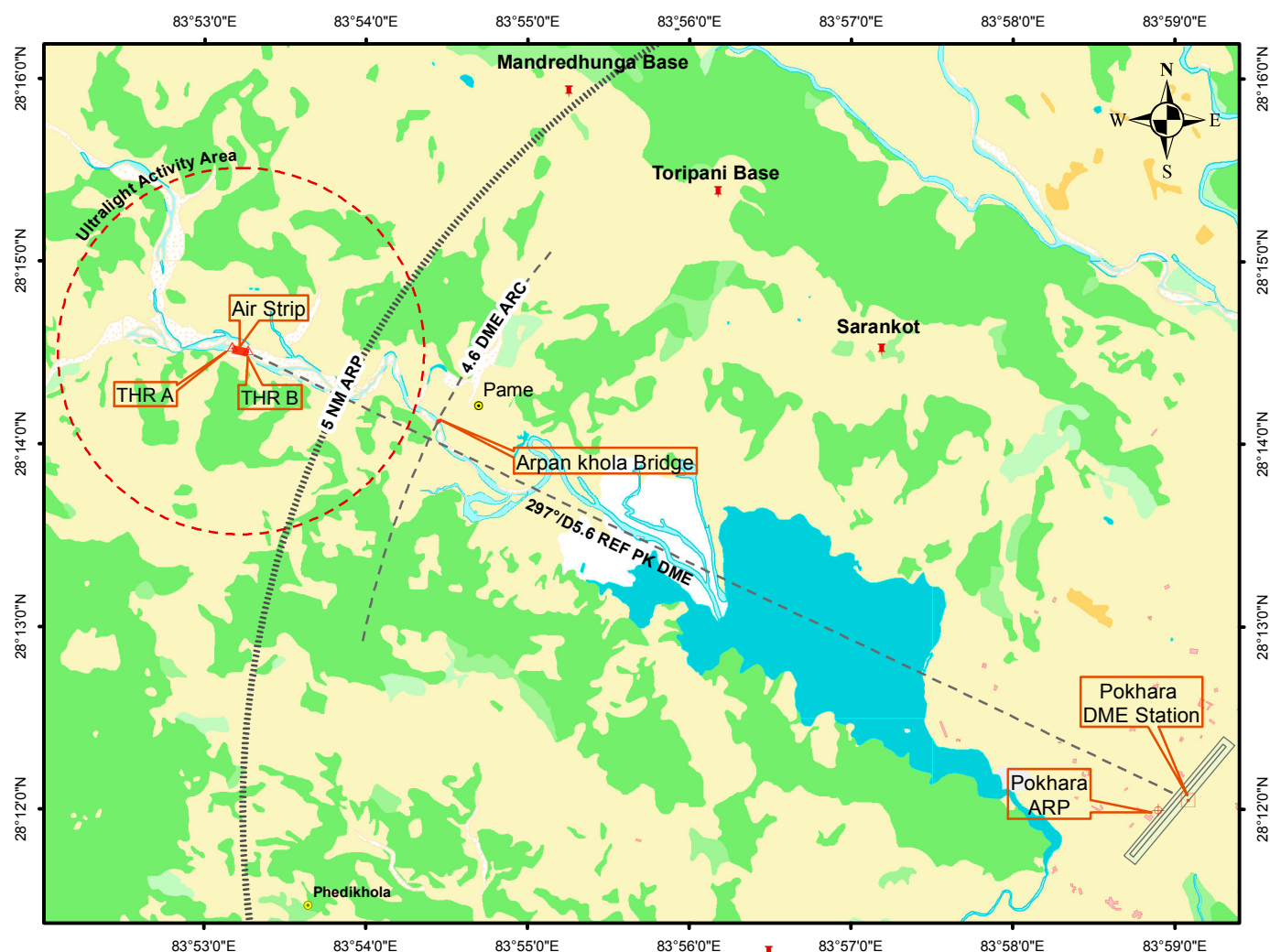
Note: CAAN could change/revise/restrict on above operational limit as per need of ATS requirements

Paragliding Zone
Bishankhu Narayan VDC, Lalitpur



Points	Latitude	Longitude
A	27°36'06.97"N	085°22'00.22"E
B	27°37'17.98"N	085°22'38.33"E
C	27°36'51.86"N	085°23'21.03"E
D	27° 36' 6.20" N	085°24'07.89" E
E	27°35'44.31" N	085°24'30.47" E
F	27°35'27.44"N	085°24'25.06"E
G	27°35'23.03" N	085°23'52.58" E
H	27°35'15.73"N	085°22'44.89"E
Chapakharka Take-off Site	GPS ELEV 6893ft	
	27°35'39.5"N	085°24'11.9"E
Ratantar Landing Site	GPS ELEV 4706ft	
	27°36'19.6"N	085°22'21.8"E

- Legend
- At or Below 5800 ft
 - At or Below 6500 ft
 - At or Below 7000 ft

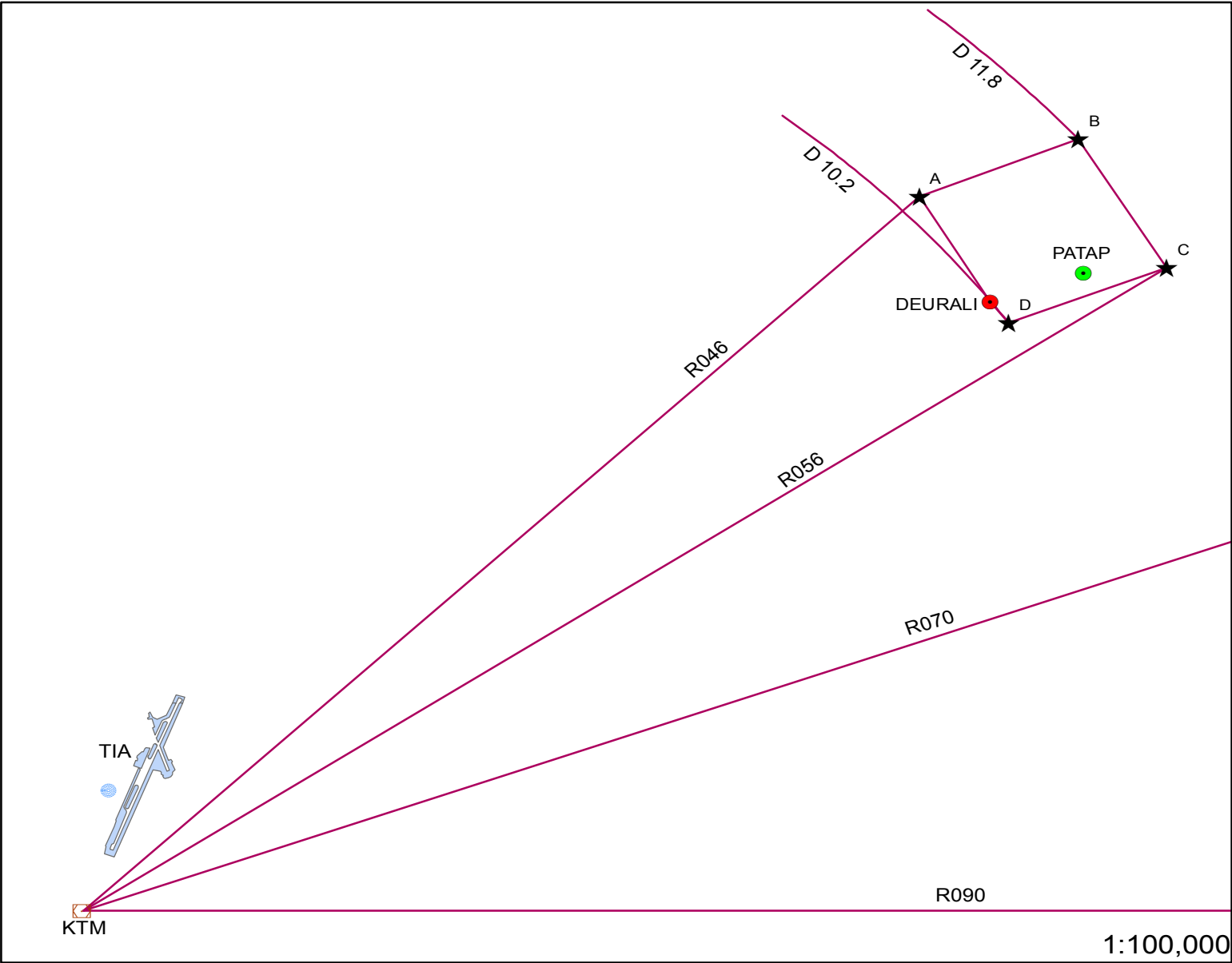
Laurek Airstrip Ultralight Training Area

LAUREK AIRSTRIP	THR A	28° 14' 31.6" N 083° 53' 03.0" E
	THR B	28° 14' 30.6" N 083° 53' 08.9" E
TRAINING ZONE	Lateral Dimension	1 NM circle from the mid-point of LAUREK AIRSTRIP.
	Vertical Dimension	4500 ft AMSL GND
Ultralight training flights shall strictly remain to the west of Harpan Khola Bridge to separate from the Paragliding flights.		

1:50,000

Scale - 1:70,000

Lafsifedi Paragliding Zone, Kathmandu

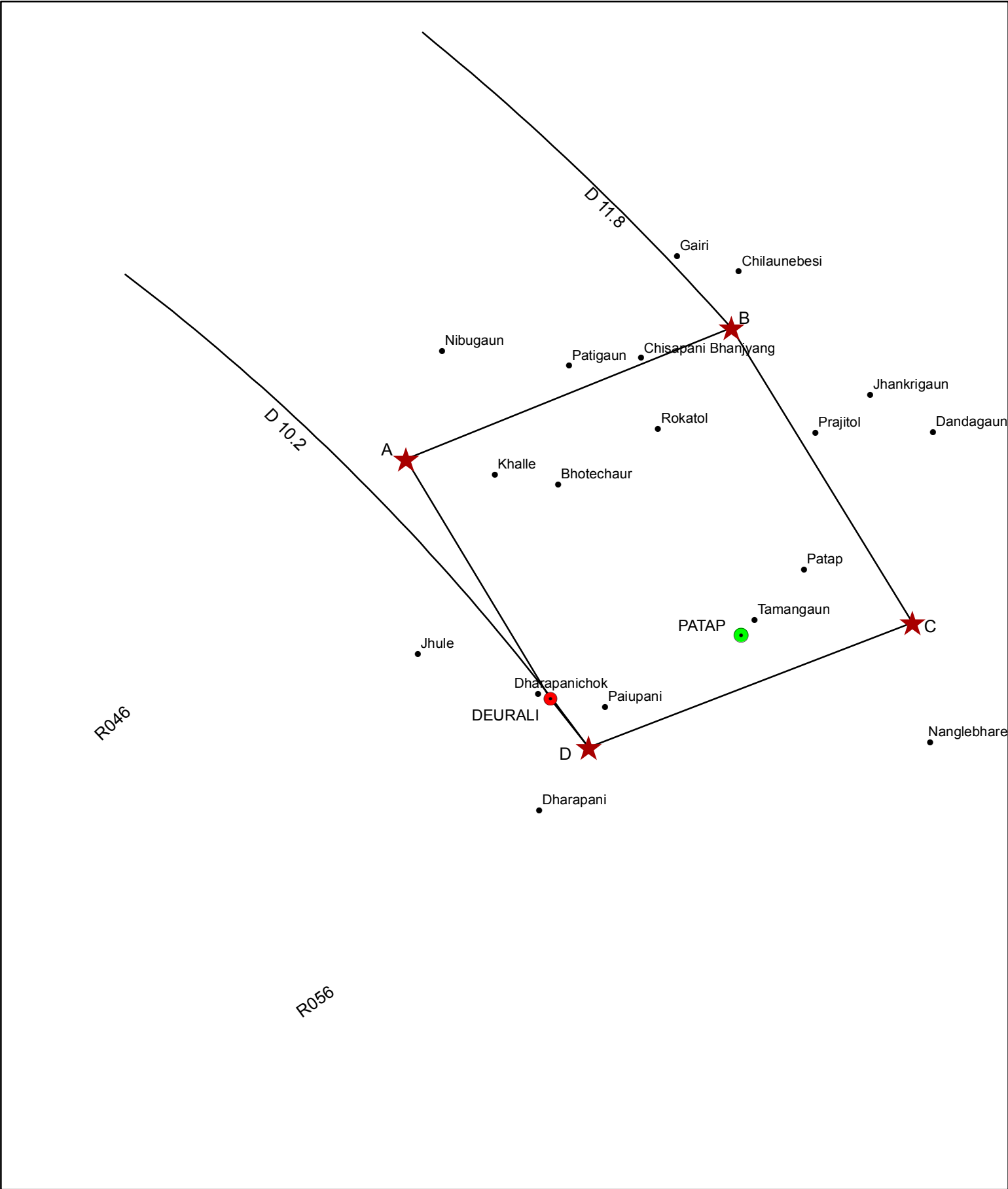


	Elevation (ft)	Coordinates		Vertical Limit	Boundary Points	WGS84 Coordinates	BRG/DIST from KTM
Take-off Site: Deurali	6254 ft	27°46′30.4″ N	85°30′07.4″ E	6000 ft AMSL* GND	A	27° 47' 34.77" N 085° 29' 25.60" E	046°/10.4 NM
Landing Site: Patap (Main)	4475 ft	27°46′46.9″ N	85°31′03.9″ E		B	27° 48' 08.68" N 085° 31' 02.18" E	049°/11.8 NM
Landing Site: Patap (Alternate)	4538	27°46′52.3″ N	85°31′10.5″ E		C	27° 46' 49.63" N 085° 31' 54.51" E	056°/11.7 NM
					D	27° 46' 17.38" N 085° 30' 18.47" E	052°/10.2 NM
	* Except during lunch.						

Note:

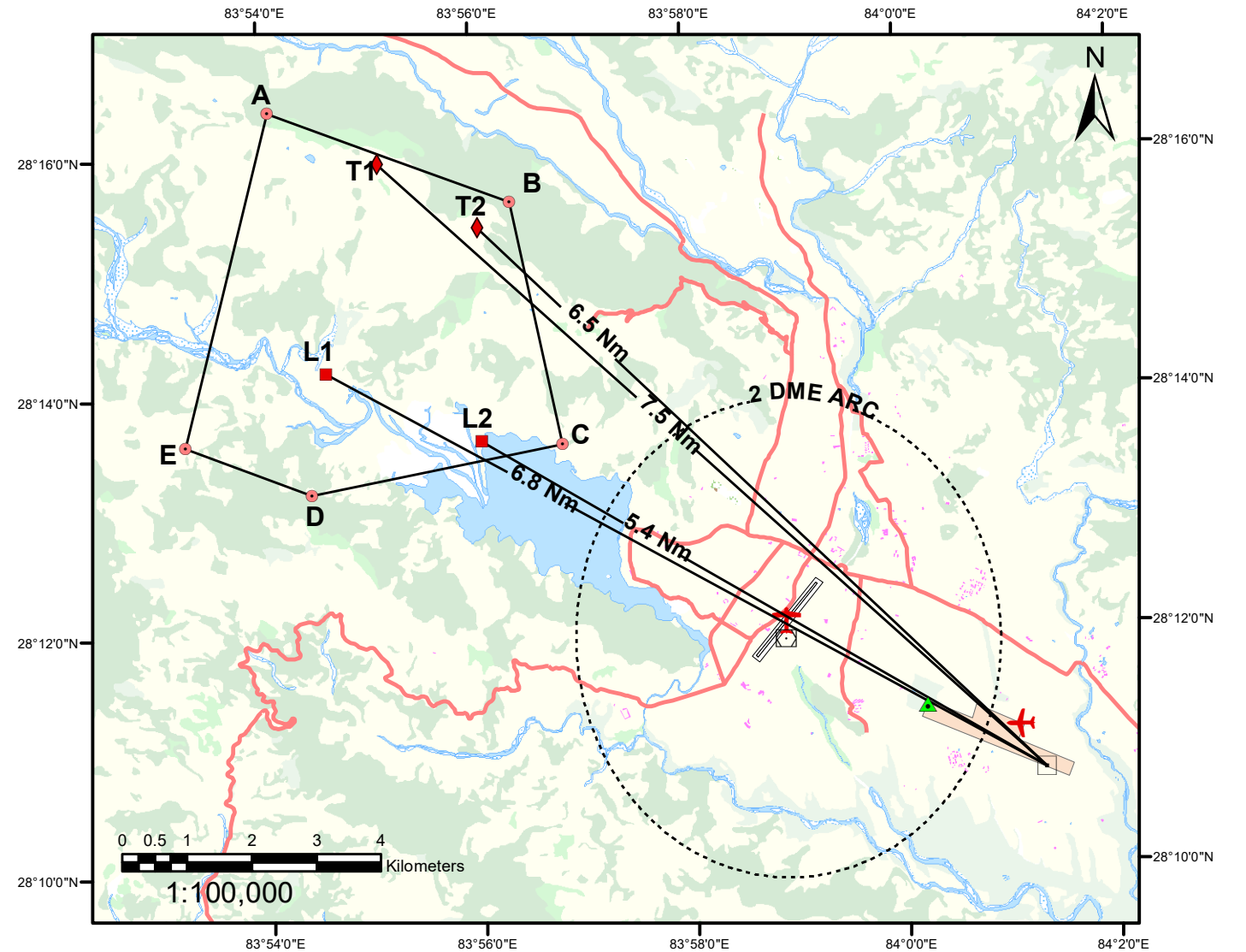
- Paragliding Company should acquire prior permission from TIA Civil Aviation Office before conducting the Paragliding Operation.
- Paragliding activities shall be conducted strictly during the VMC conditions.
- Paragliding Zone lies within R046 – R056 and 10.2 DME – 11.8 DME.

Lafsifedi Paragliding Zone
with Some Visual References



1:40,000

MANDREDHUNGA/TOREPANI PARAGLIDING ZONE, POKHARA



Points	Latitude	Longitude
GP/DME	28°10'46.7763"	84°01'18.5435"
RWY12	28°11'19.1022'	84°00'12.2677"
POK VOR/DME	28 °11'54.0179"	83°58'54.019"

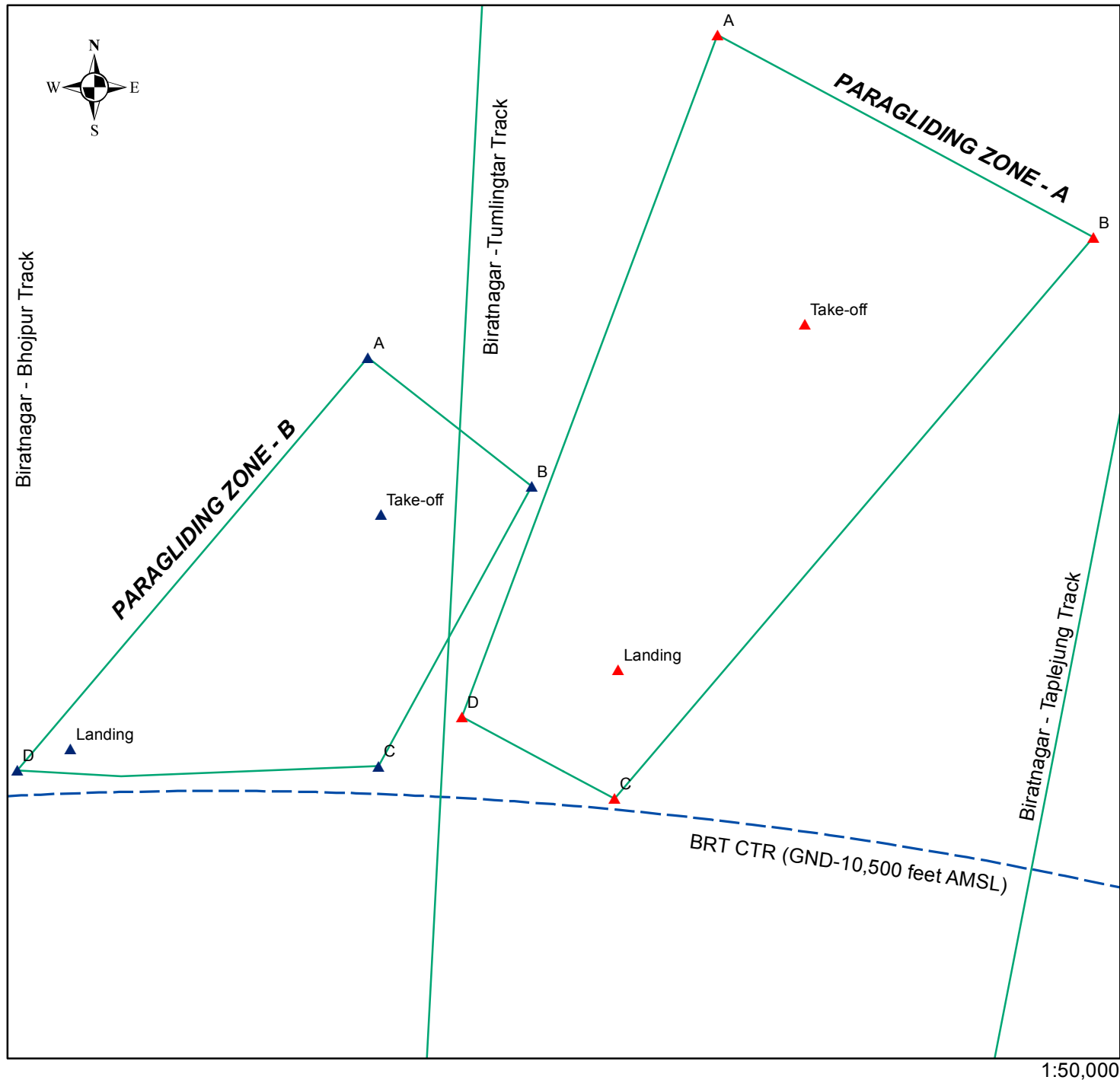
Legend	
	RWY 12
	GP/DME 30
	POK VOR/DME
	Take off point
	Landing point
	Pokhara domestic airport
	Pokhara International Airport

Points	Coordinate		Boundary Points	Lateral Limit		Vertical Limit
	Longitude	Latitude		Latitude	Longitude	
Take off T1	28 15 56.4N	083 55 07.7E	A	28 16 23N	083 54 06E	5500ft AMSL to GND
Alternate Take off T2	28 15 23.2N	083 56 03.2E	B	28 15 36N	083 56 22E	
Landing L1	28 14 12.0N	083 54 35.8E	C	28 13 34N	083 56 49E	
Alternate Landing L2	28 13 36.12N	083 56 02.47E	D	28 13 11N	083 54 26E	
			E	28 13 36N	083 53 15E	

Note: Operation time 1100 AM to 04:30 PM (0515 -1045 UTC) during VFR condition only.

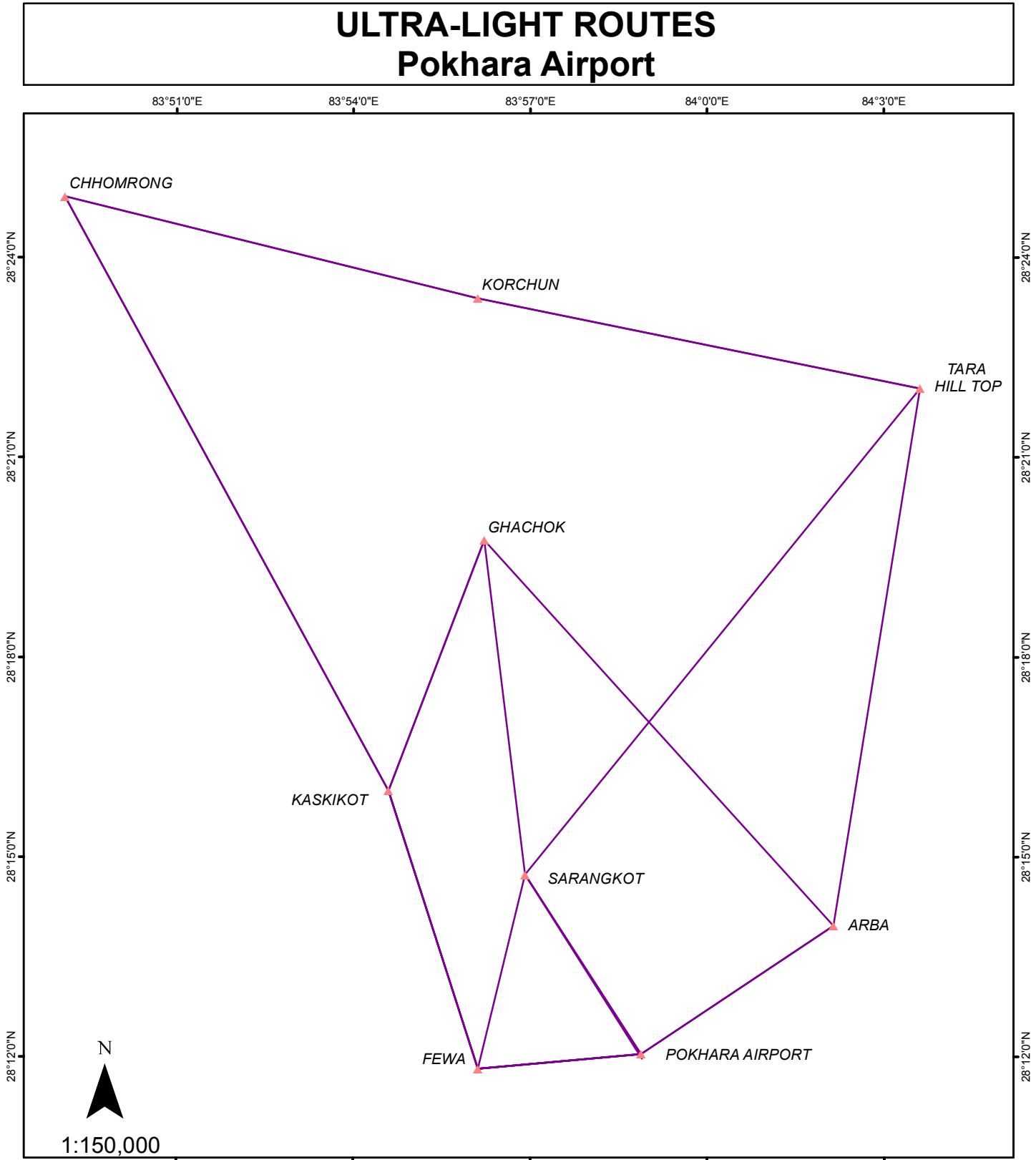
PARAGLIDING ZONE - A, DHARAN

PARAGLIDNG ZONE - B, DHARAN

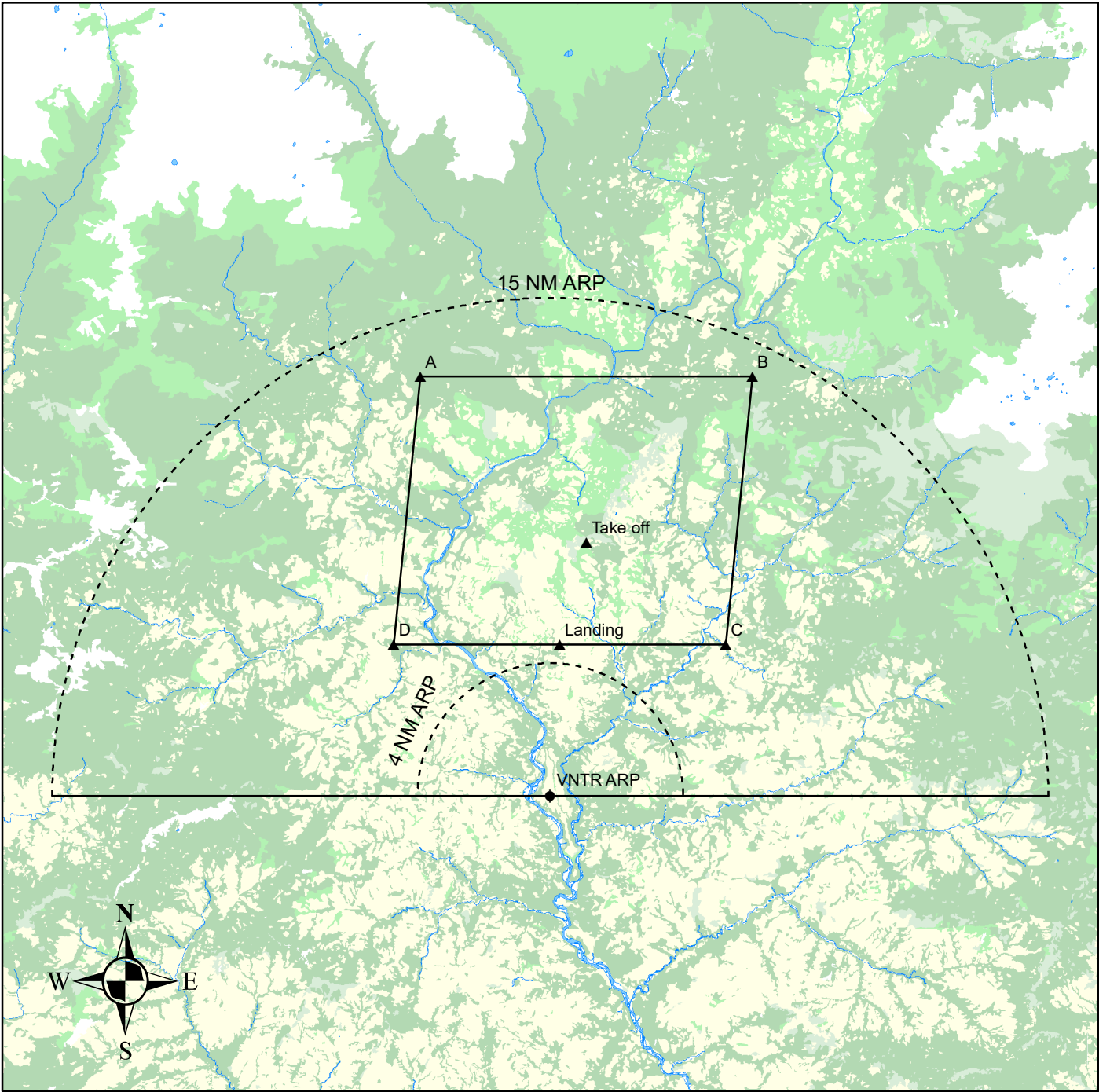


Paragliding Zone - B, Dharan		
Point Name	Latitude	Longitude
Take-off	26 50 16.36 N	87 16 25.73 E
Landing	26 49 12.53 N	87 14 46.50 E
Lateral Limit		
A	26 51 00.63 N	87 16 23.00 E
B	26 50 23.12 N	87 17 13.34 E
C	26 49 05.45 N	87 16 22.94 E
D	26 49 06.93 N	87 14 29.52 E
Vertical Limit		
During Take-off and Maneuvering within designated paragliding zone		4000 ft. AMSL GND

Paragliding Zone - A, Dharan		
Point Name	Latitude	Longitude
Take-off	26 51 06.94 N	87 18 40.26 E
Landing	26 49 30.79 N	87 17 38.96 E
Lateral Limit		
A	26 52 28.94 N	87 18 15.37 E
B	26 51 29.25 N	87 20 11.69 E
C	26 48 54.57 N	87 17 36.71 E
D	26 49 18.73 N	87 16 49.61 E
Vertical Limit		
During Take-off and Maneuvering within designated paragliding zone		4500 ft. AMSL GND



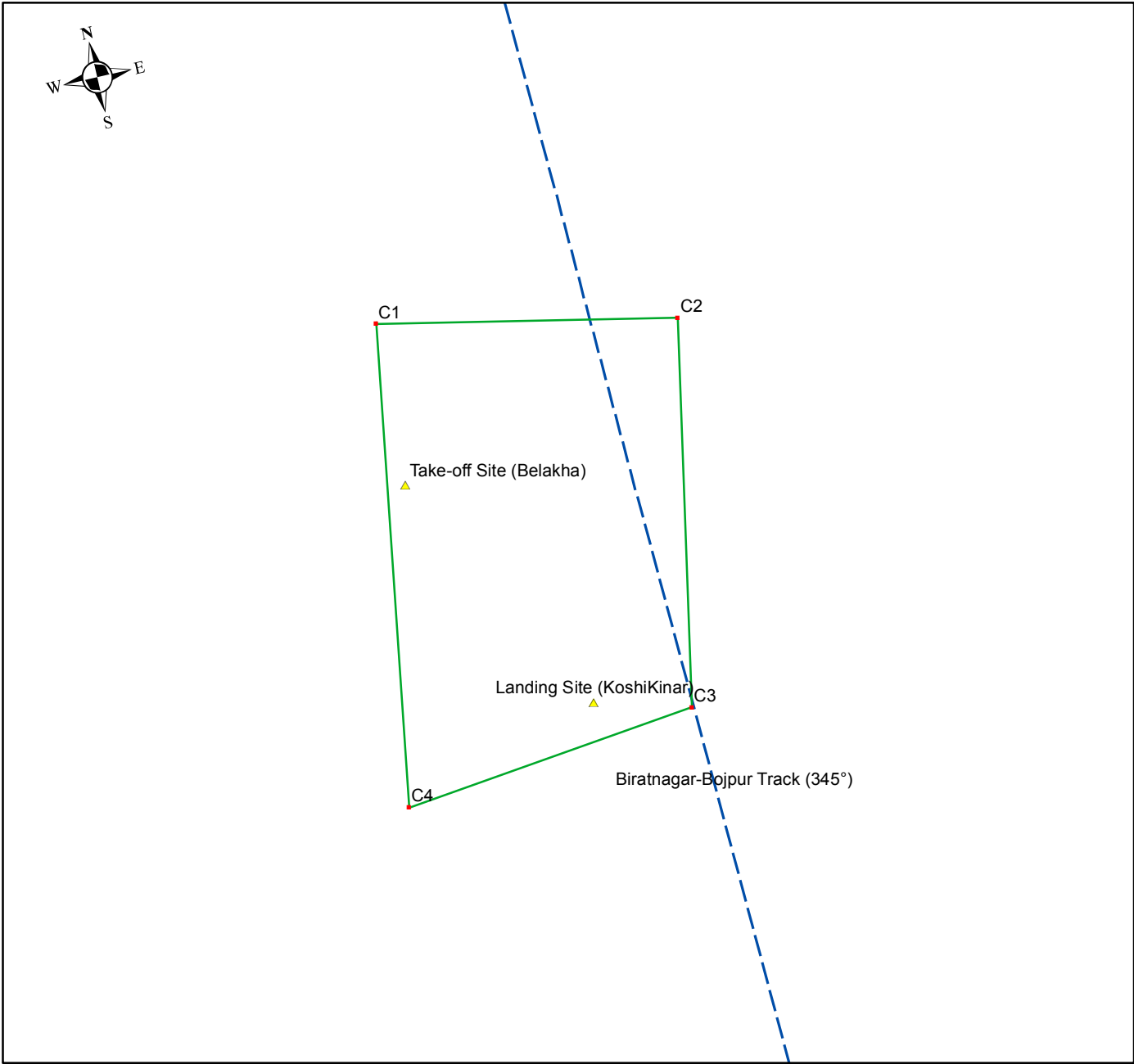
TUMLINGTAR - PARAGLIDING ZONE



Points	WGS Co-ordinates	Bearing/Distance	Altitude	Remarks
Take off	27 °26 '41.3346" N,087°12'57.6" E		9500 ft./GND	Bearing and distance are measured from VNTR ARP.
Landing	27 °23 '36.456" N,087°12'02.662" E			
VNTR ARP	27 °19 '02" N,087°11'43" E			
A	27 °31 '42.700" N,087°07'20.600" E	345°/13 NM		
B	27 °31 '41.650" N,087°18'35.773" E	025°/14 NM		
C	27 °23 '35.858" N,087°17'39.837" E	040°/7NM		
D	27 °23 '36.828" N,087°06'25.485" E	315°/6.5 NM		

Note: 1. All the activities within the paragliding shall be conducted in close coordination with Tumlingtar Airport.

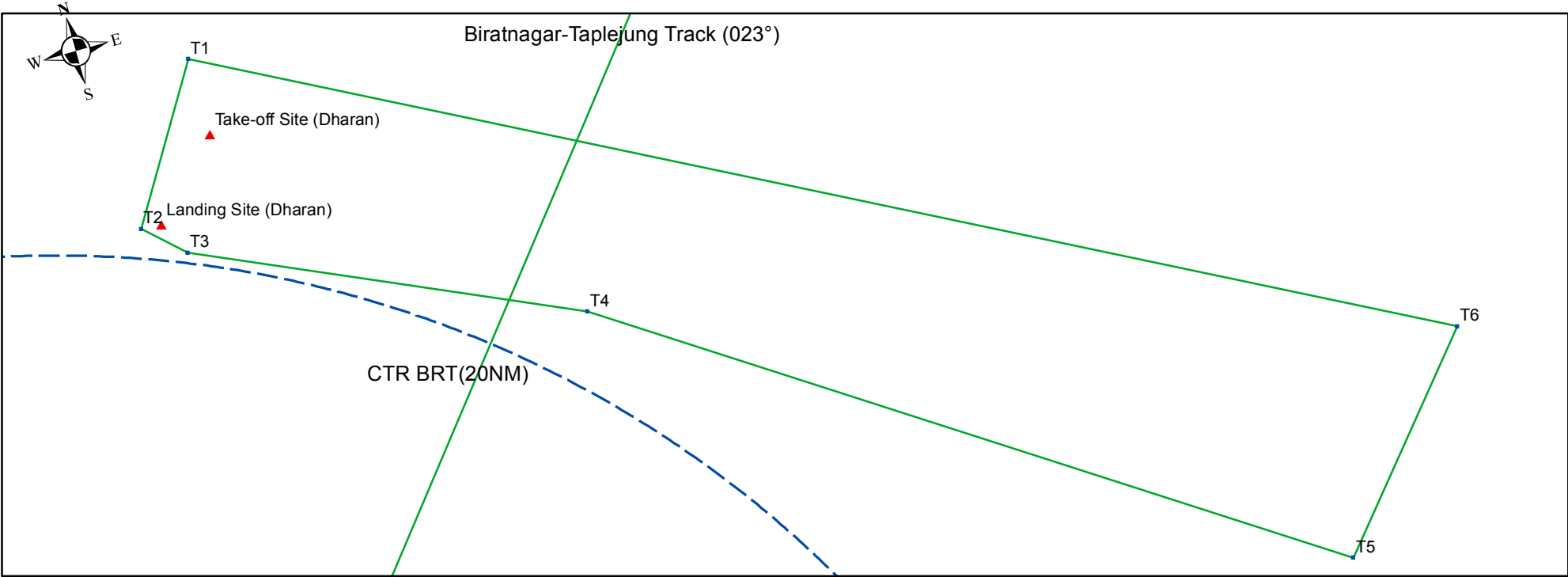
BELAKHA Paragliding Zone, Udhayapur



BELAKHA Paragliding Zone, Udhayapur				
Point Name	Latitude	Longitude	Elevation(ft)	Vertical Limit
Take-off (Belakha)	26° 51' 24.54" N	087° 08'16.14" E	1450	2000 ft AMSL GND
Landing (Koshikinar)	26° 50' 49.22" N	087° 08' 48.57" E	178	
Boundry Points	Lateral Limit			
	Latitude	Longitude		
C1	26° 51' 50.30" N	087° 8' 11.62" E		
C2	26° 51' 50.12" N	087° 9' 5.46" E		
C3	26° 50' 48.09" N	087° 9' 5.59" E		
C4	26° 50'33.20" N	087° 8' 15.39" E		
	1. Paragliding Zone lies within R343-R346 and 22 DME -25 DME from ‘BRT’ VOR/DME			
	2. Time of operation : Sunrise to Sunset during VMC			
	3. Prior coordination with Biratnagar Tower shall be needed before commencing the Paragliding training activities			

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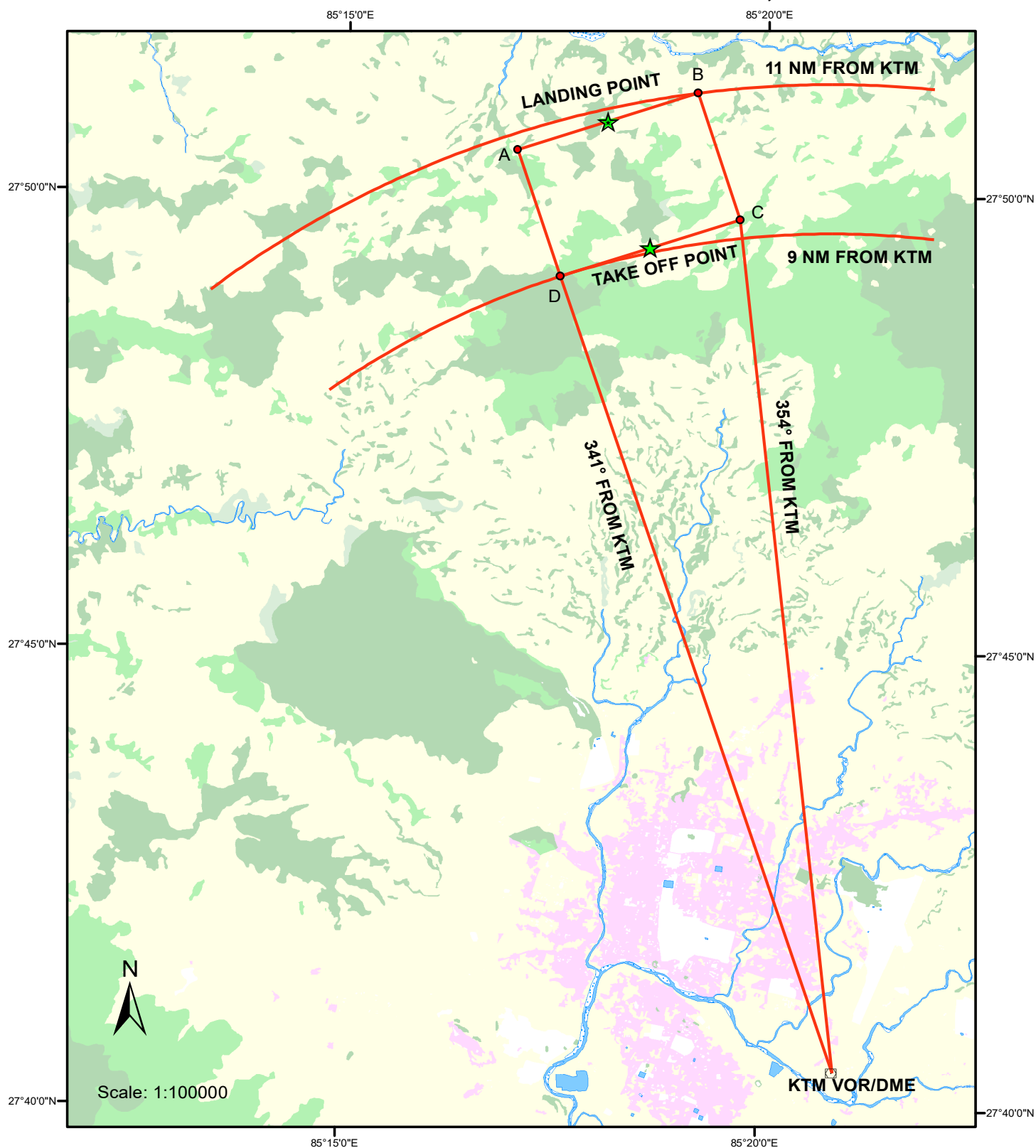
DHARAN PARAGLIDING TRAINING ZONE



Dharan Paragliding Training Zone				
Point Name	Latitude	Longitude	GPS Elevation(ft)	Vertical Limit
Take-off (Dharan)	26° 51' 06.94" N	087° 18' 40.26" E	4002	4500 ft AMSL GND
Landing (Dharan)	26° 45' 30.79" N	087° 17' 38.96" E	787	
Boundry Points	Lateral Limit			
	Latitude	Longitude		
T1	26° 52' 28.71" N	087° 18' 16.28" E		
T2	26° 49' 26.25" N	087° 17' 12.90" E		
T3	26° 48' 59.06" N	087° 18' 9.55" E		
T4	26° 47' 44.01" N	087° 26' 11.07" E		
T5	26° 42' 53.66" N	087° 41' 27.49" E		
T6	26° 47' 1.32" N	087° 43' 41.07" E		
Remarks				
1. Training Paragliding Zone lies within R004-R058 and 21 DME - 32 DME from ‘BRT’ VOR/DME				
2. Time of Training Operation : Sunrise to Sunset during VMC				
3. Prior coordination with Biratnagar Tower shall be needed before commencing the Paragliding training activities.				

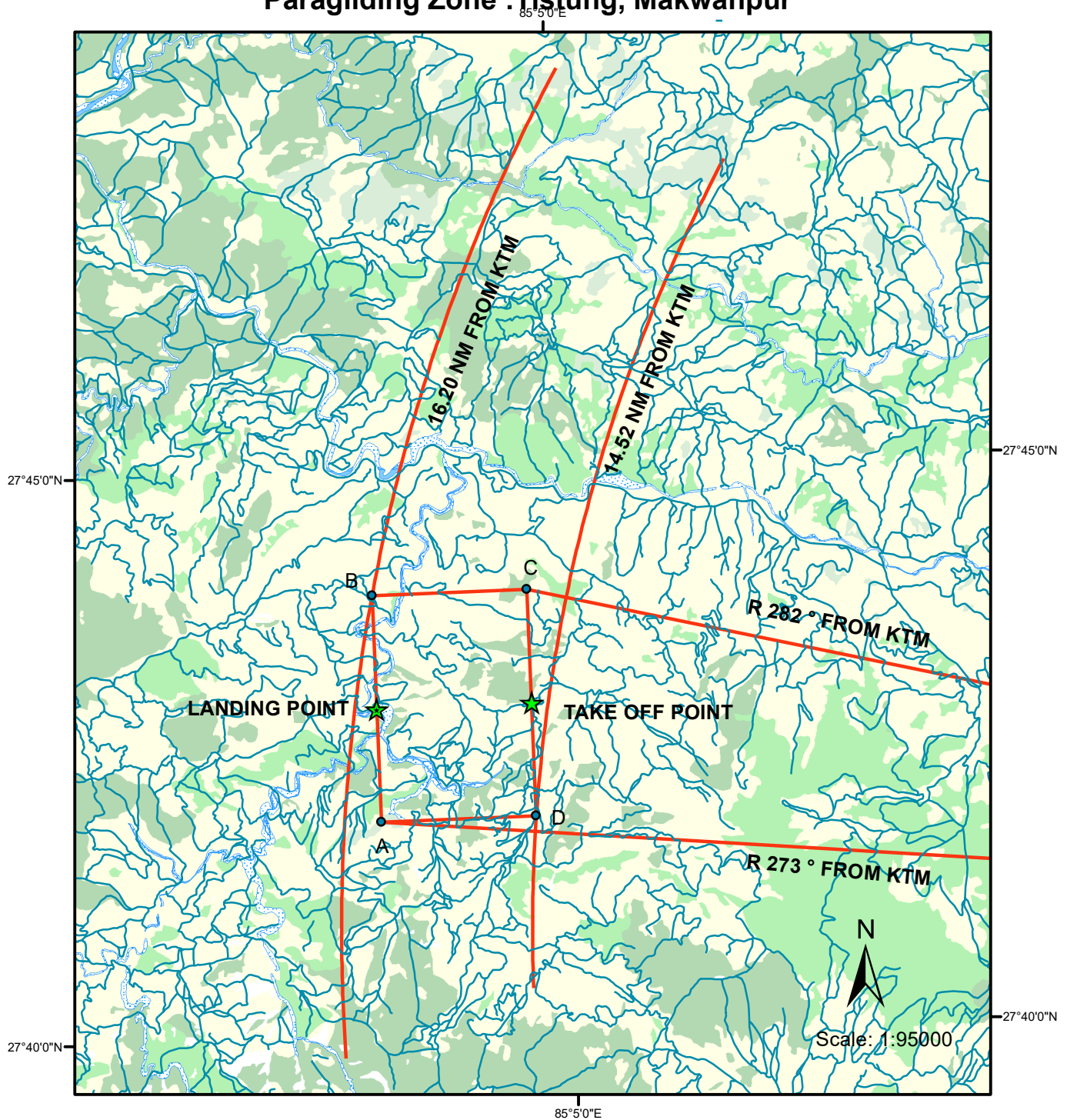
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PARAGLIDING ZONE : SURYACHAUR SIVAPURI, NUWAKOT



ID	Latitude	Longitude	Vertical limit
Take off point	27°49'24.9377"N	085°18'36.9133"E	Below 6500 ft
Landing Point	27°50'47.7888"N	085°18'05.4223"E	AMSL/GND
Lateral Limit			
Boundary Point	Latitude	Longitude	Radial/Dis. From KTM
Point A	27°50'28.5216"N	085°17'1.29"E	341°/10.6NM
Point B	27°51'7.0452"N	085°19'9.5"E	352°/11NM
Point C	27°49'44.1876"N	085°19'41.034"E	354°/9.35 NM
Point D	27°49'5.6712"N	085°17'33.9984"E	341°/9 NM

Paragliding Zone :Tistung, Makwanpur



ID	Latitude	Longitude	Vertical limit
Take off point (Badere Bhanjyang)	27°42'54.49"N	085°04'39.58"E	Below 5000ftAMSL /GND
Landing Point (Lidhi Dobhan)	27°42'53.78"N	085°03'7.27"E	
Lateral Limit			
Boundary Point	Latitude	Longitude	Radial/Dis. From KTM
Point A	27°41'53.7108"N	085°3'7.8624"E	273.00°/15.88 NM
Point B	27°43'53.85"N	085°3'6.6816"E	280.43°/16.20NM
Point C	27°43'54.5556"N	085°04'39.00"E	282.00°/14.87 NM
Point D	27°41'54.4236"N	085°4'40.15"E	273.92°/14.52 NM

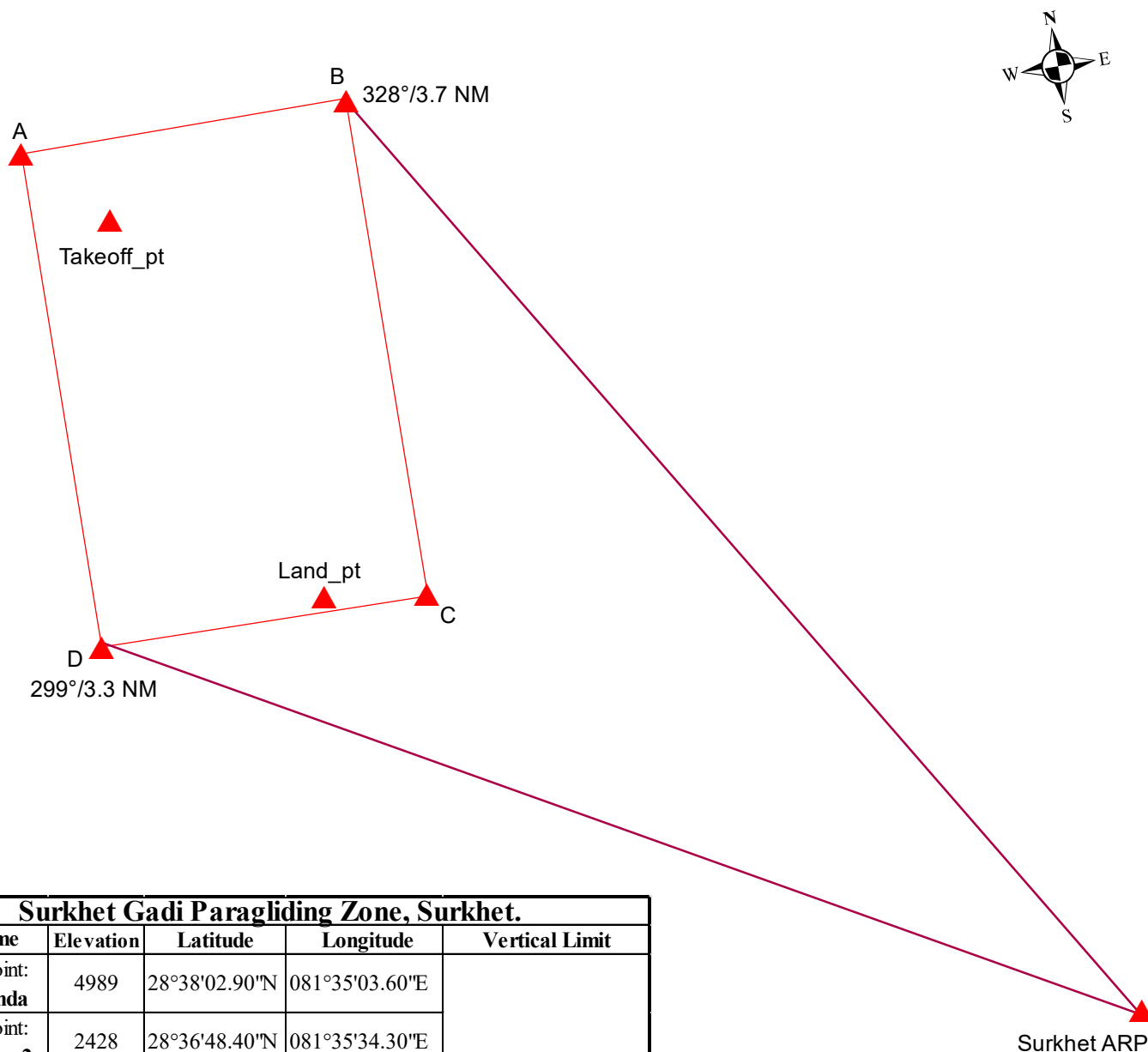
The map displays the Vellore area with the following details:

- Geographic Coordinates:** The map is bounded by latitudes 26°35'0"N to 26°55'0"N and longitudes 88°0'0"E to 88°15'0"E.
- Coastline:** The coastline of India is shown on the right side of the map.
- Airfield:** The Vellore Airfield (ARP VNCG) is marked with a yellow square at approximately 26°35'0"N, 88°5'0"E.
- Proposed Flight Path:** The flight path is defined by two lines, R 358 and R 007, originating from the airfield and extending towards the north.
- Proposed Landing and Take-off Points:** The proposed Landing Point and Take-off Point are marked with yellow squares within a rectangular area defined by points A, B, C, and D.
- Scale:** The scale of the map is 1:200,000.
- Compass Rose:** A compass rose is located in the top right corner, indicating North (N), South (S), East (E), and West (W).

	Elevation (ft)	WGS 84 Coordinates	Vertical Limit	Boundary Points	WGS 84 Coordinates	BRG/DIST from VNCG
Take off Point		26° 52' 23.392" N 88° 05' 10.374" E	6000 ft AMSL	A	26° 53' 27.359" N 88° 04' 07.761" E	358°/19.2 NM
Landing Point		26° 52' 19.783" N 88° 06' 12.125" E	GND	B	26° 53' 15.919" N 88° 07' 23.480" E	007°/19.1 NM
				C	26° 51' 27.236" N 88° 03' 59.059" E	358°/17.2 NM
				D	26° 51' 15.801" N 88° 07' 14.722" E	007°/17.2 NM

This zone is near by Nepal India boarder . All pilots are informed to take extreme caution not to reach boarder area .

Surkhet Gadi Paragliding Zone, Surkhet.

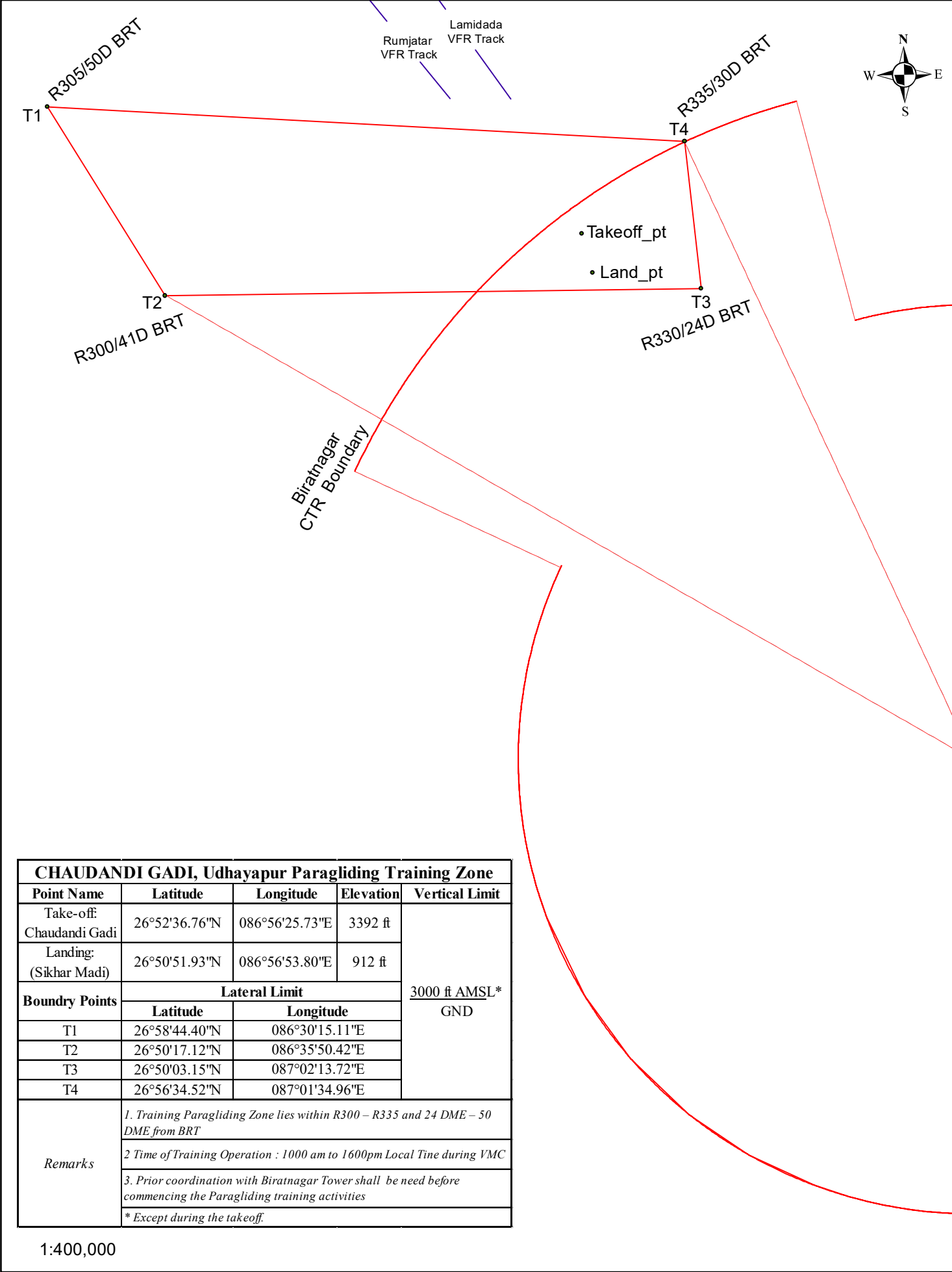


Surkhet Gadi Paragliding Zone, Surkhet.

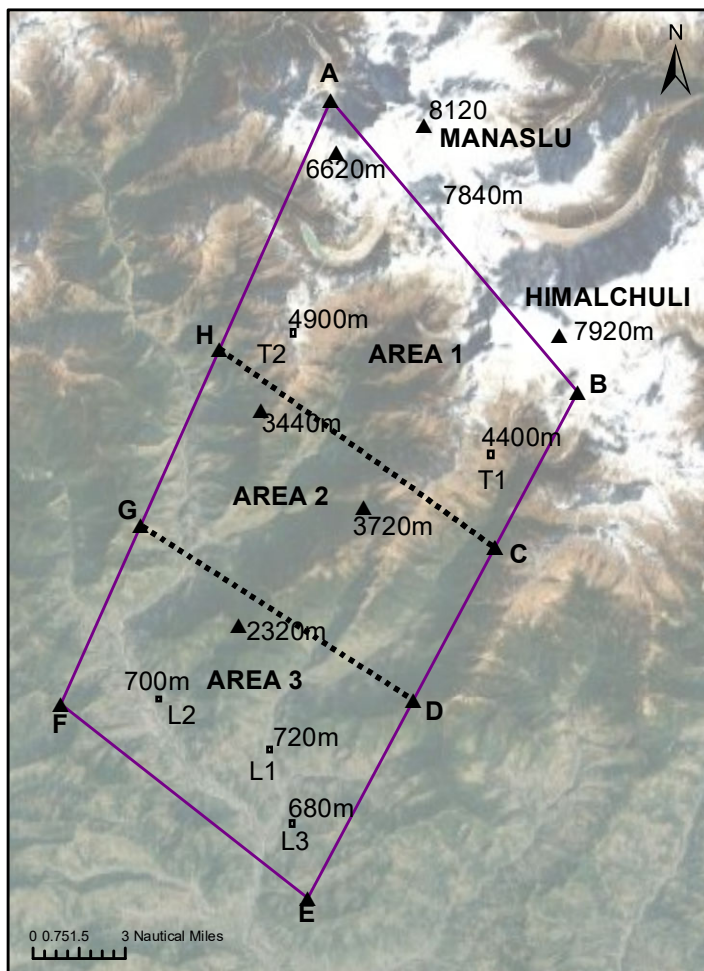
Surkhet Gadi Paragliding Zone, Surkhet.				
Point Name	Elevation	Latitude	Longitude	Vertical Limit
Takeoff point: Bayal Kanda	4989	28°38'02.90"N	081°35'03.60"E	4000 Ft AMSL* GND
Landing point: Tripureswor-2	2428	28°36'48.40"N	081°35'34.30"E	
Boundry Points	Lateral Limit			
	Latitude		Longitude	
A	28°38'17.52"N		081°34'47.69"E	
B	28°38'17.22"N		081°35'55.89"E	
C	28°36'45.77"N		081°35'55.37"E	
D	28°36'46.07"N		081°34'47.19"E	
Remarks:	1.The Paraglide zone lies lies within the 299° to 328° and 2.5 NM to 4.3 NM from Surkhet ARP			
	2. The paragliding activties shall be conducted strickly during the VMC only.			
	3. Prior coordination & authorization with Surkhet Tower shall be need before commencing each and every activities of the paragliding.			
	4. The paragliding activity can be granted permission on occasional basis only by considering the movement of the traffic at Surkhet airport			
	* Except during the takeoff.			

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CHAUDANDI GADI, Udhayapur Paragliding Training Zone



BABU ADVENTURES INTERNATIONAL SCHOOL HIGH ALTITUDE FLYING COURSE ZONE, LAMJUNG DISTRICT

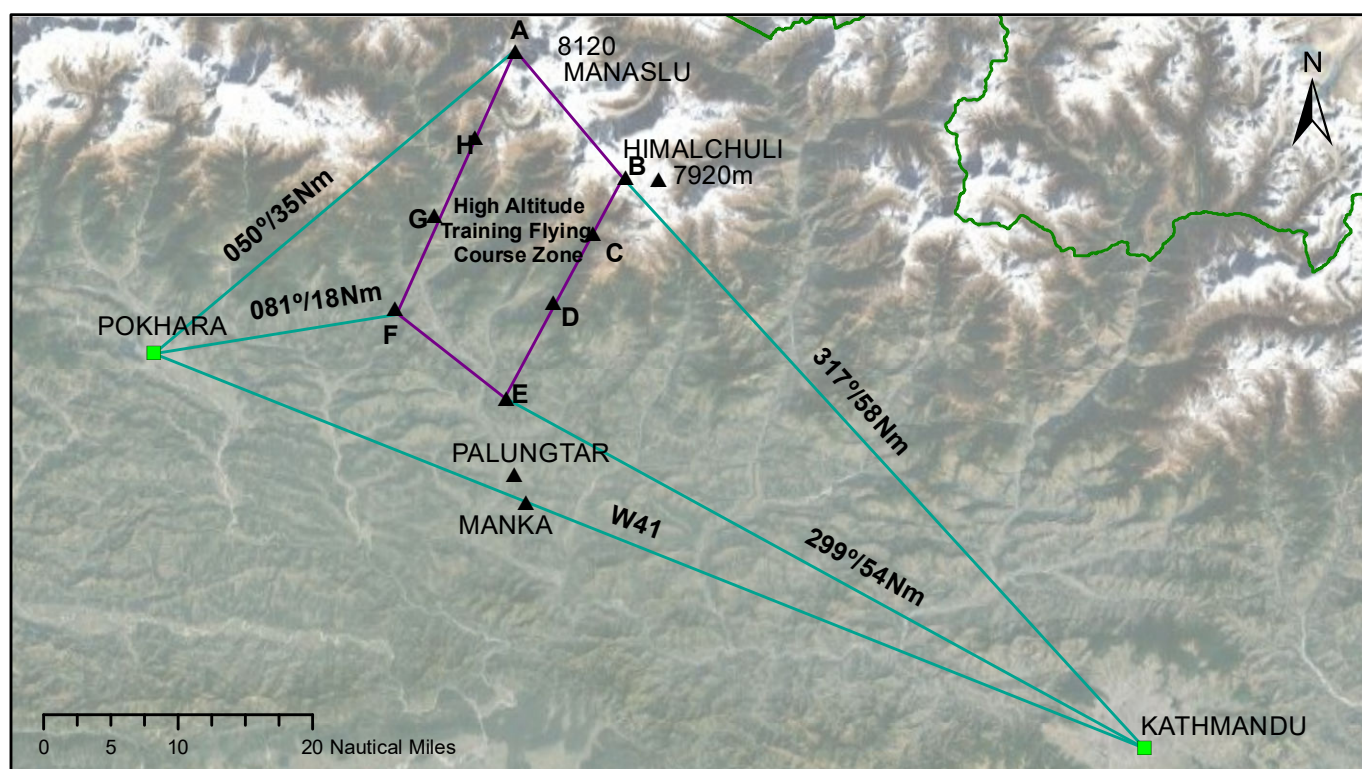


TAKE OFF	COORDINATES	ALTITUDE
T1 : MEMEPOKHARI	282215N 0843502E	4400M
T2 : DHARAPANI DANDA	282622N 0842817E	4900M
LANDING		
L1 : PHALENI PHANT	281246N 0842653E	720M
L2 : BESISAHAR	281419N 0842246E	700M
L3 : KERABARI	281031N 0842713E	680M

	Boundary points : Latitude longitude	Vertical limit
Area 1 Meme- Pokhari Area	A : 283345N 0843008E B : 282412N 0843845E C : 281913N 843532E H : 282556N 842538E	<u>8000m</u> GND
Area 2 Bahundanda Area	C : 281913N 843532E D : 281420N 843222E G : 282016N 842233E H : 282556N 842538E	<u>4000M</u> GND
Area 3 Bajhakhet Area	D : 281420N 843222E E : 280801N 842816E F : 281432N 841926E G : 282016N 842538E	<u>2500M</u> GND

Note :

- Period of the activity during Sunrise to Sunset in VFR condition only.
- Whatever upper level is mentioned in each area paragliding activity to be conducted at maximum height upto 500ft AGL only.



Chauki Dada Paragliding Zone , Bharatpur , Chitwan



Boundary Point	Coordinate		Point	Coordinate		Altitude
	Latitude	Longitude		Latitude	Longitude	
A	27° 48' 27.02"N	84° 27' 24.57"E	Take-off Point: T1 (Chauki Danda)	27° 47' 53.00"N	84° 27' 53.00"E	4000 Ground
B	27° 48' 18.28"N	84° 28' 31.46"E	Take-off Point: T2 (Kabilas Danda)	27° 46' 54.05"N	84° 27' 56.66"E	
C	27° 47' 17.14"N	84° 28' 21.14"E	Landing Point: L1 (Devghat)	27° 46' 14.95"N	84° 27' 36.47"E	...
D	27° 47' 08.82"N	84° 28' 41.50"E	ARP of Bharatpur Airport	27° 40' 41.00"N	84° 25' 46.00"E	
E	27° 45' 35.07"N	84° 27' 53.08"E				
F	27° 45' 49.67"N	84° 26' 58.03"E				

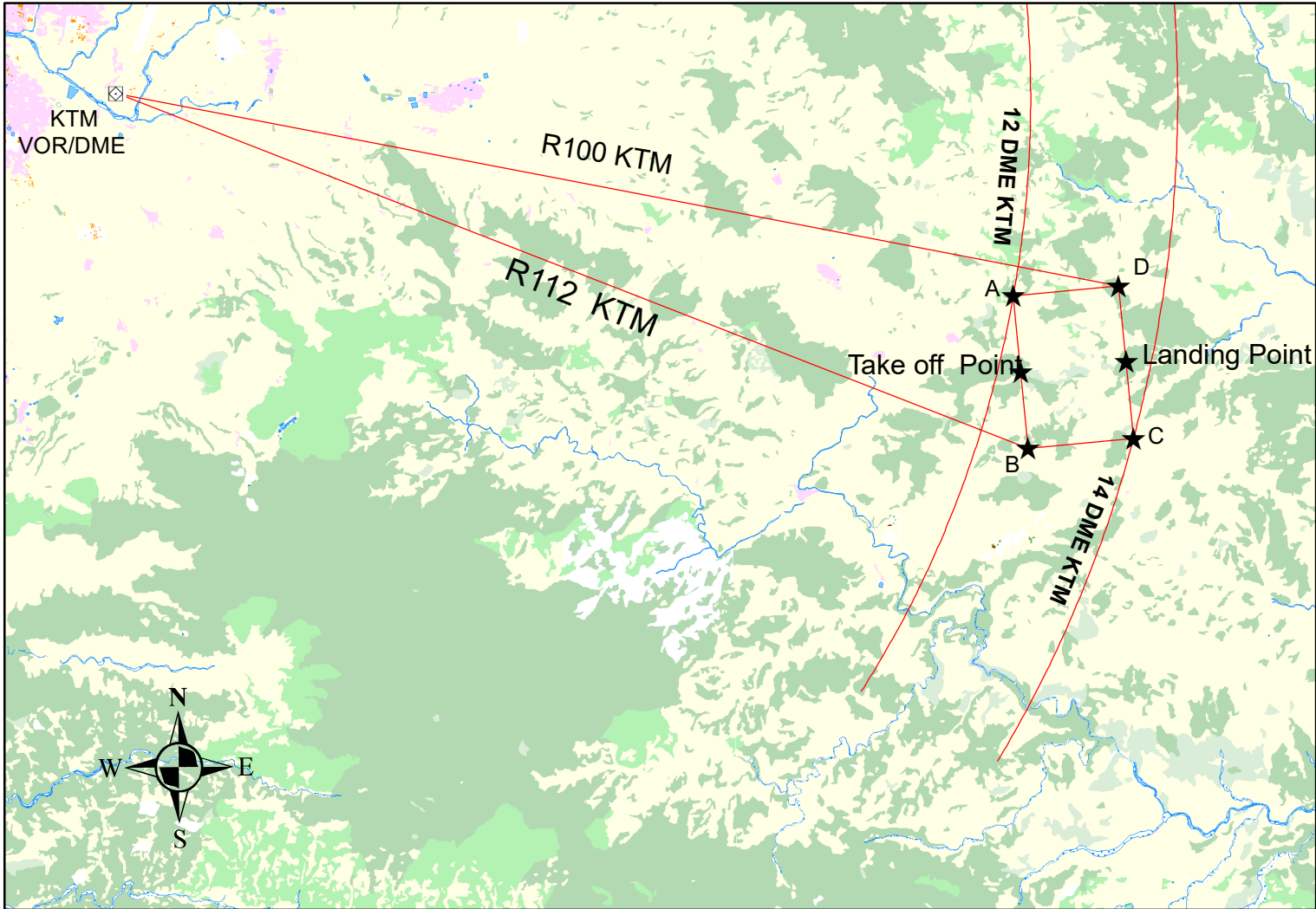
Legend

- Ⓐ Bharatpur Domestic Airport
- ! Landing Point
- " Takeoff Point

Note: Operation time 10:00 am to 16:00 pm

0 0.5 1 2 3 Kms

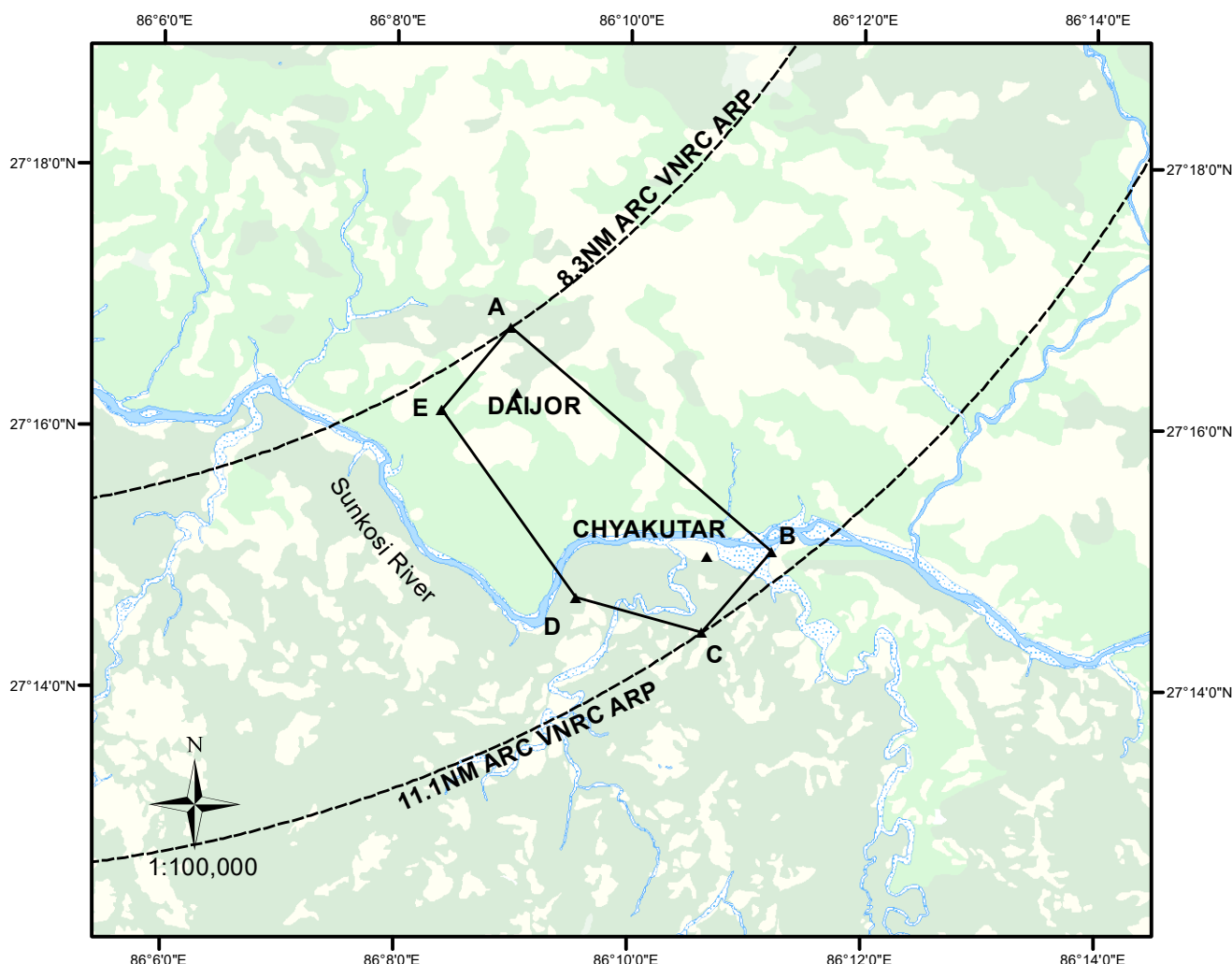
BISHWA BAZAR PARAGLADING ZONE DEVISTHAN DANDA,KAVREPALANCHWOK



ID	Latitude	Longitude	Vertical limit
Take off point (Devisthan Danda)	27°36'38"N	085°34'08"E	Below 4700ftAMSL /GND
Landing Point (Badalgaun)	27°36'45"N	085°35'41"E	
Lateral Limit			
Boundary Point	Latitude	Longitude	Radial/Dis. From KTM
Point A	27°37'36.00"N	085°34'6.23"E	R102/D 12.00
Point B	27°35'36.26"N	085°34'13.79"E	R112/D 12.74
Point C	27°35'45.52"N	085°35'46.54"E	R109/D 14.00
Point D	27°37'42.20"N	085°35'35.49"E	R100/D 13.29

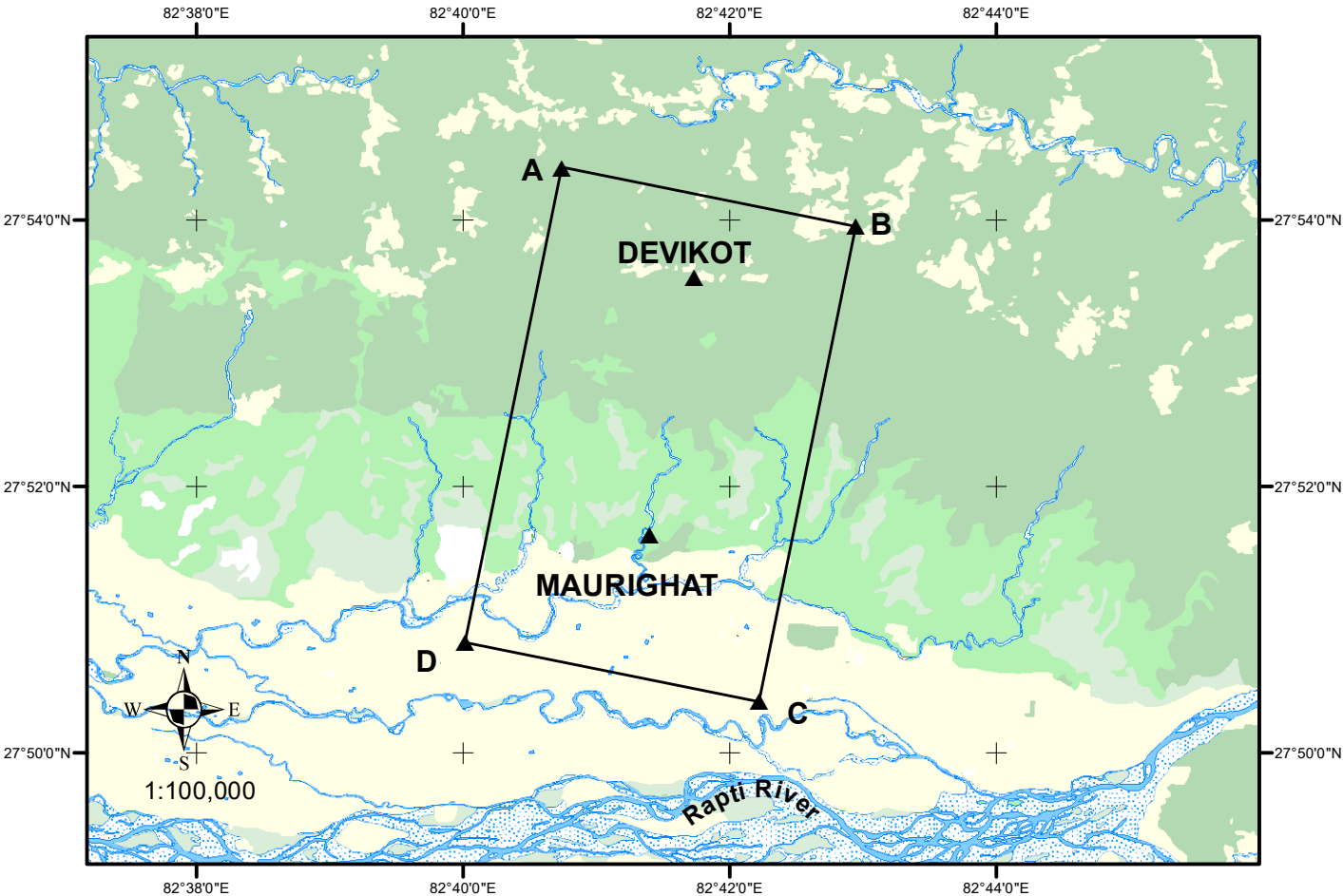
- Remarks:** 1. Paragliding activities shall be conducted strictly in VMC conditions during Sunrise to Sunset
2. Paragliding Zone lies within R100 – R112 and 12.0 DME – 14.0 DME.
3. After take paraglide shall operate below 4700ft AMSL and shall carried out activities within paragliding zone.
4. Pilot of rotor wing shall exercise extra vigilance while flying near to paragliding zone.

PARAGLIDING ZONE : MANEDANDA, RAMECHHAP



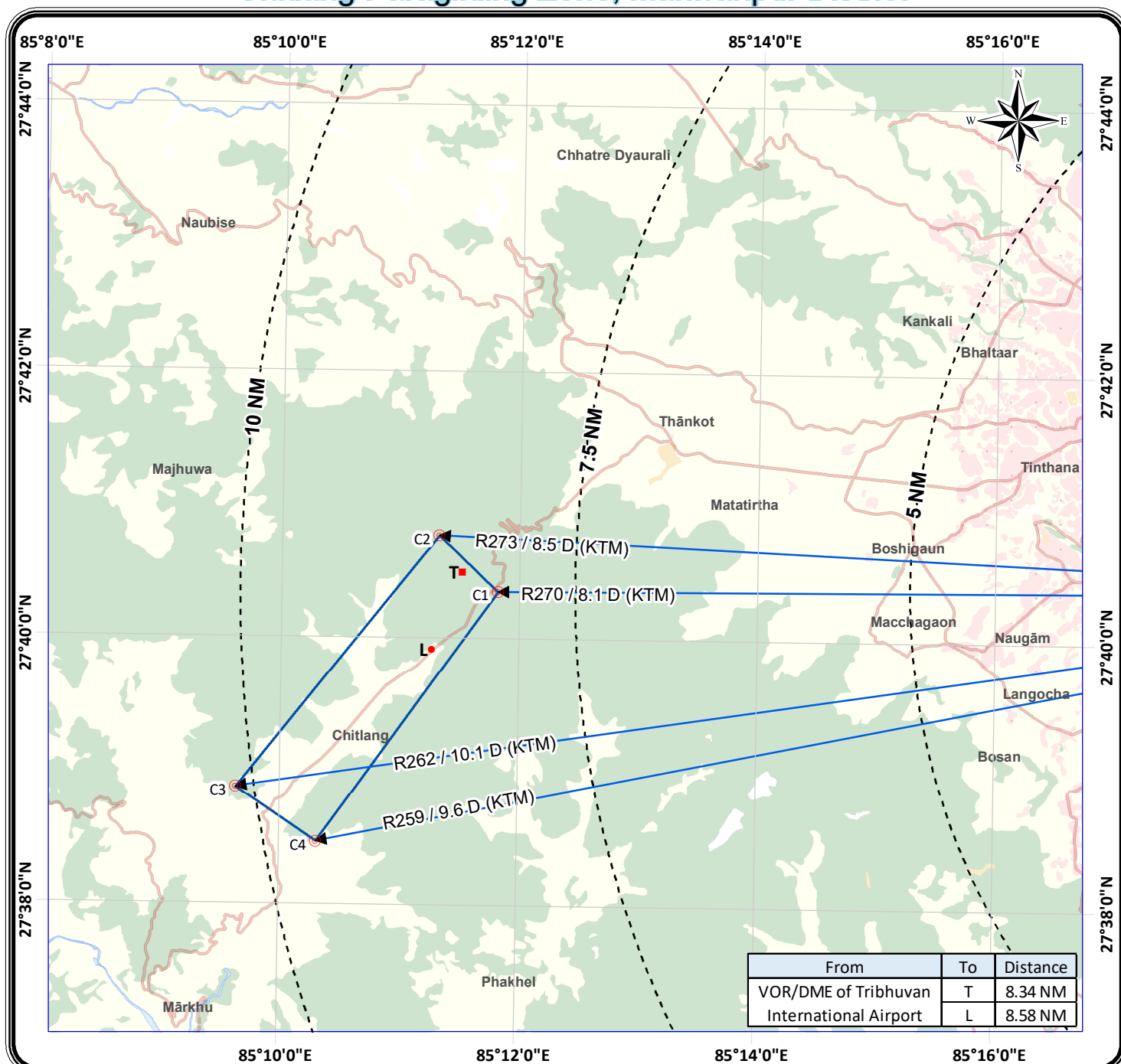
Point	Elevation	Latitude	Longitude	Vertical Limit
Take-off point : DAIJOR	4500ft	27°16'16"N	86°09'02"E	<u>5000ft AMSL</u> GND
Landing Point : CHYAKUTAR	1400ft	27°15'01"N	86°10'40"E	
Boundary Points		Lateral Limit		
		Latitude	Longitude	
A		27°16'46"N	86°08'59"N	
B		27°15'04"N	86°11'14"N	
C		27°14'26"N	86°10'38"N	
D		27°14'42"N	86°09'33"N	
E		27°16'09"N	86°08'23"N	
Note :				
1. The Paragliding activities shall be conducted strictly during VMC condition within Sunrise to Sunset.				
2. Prior coordination with Ramechhap Tower shall be done before commencing paragliding activities.				

PARAGLIDING ZONE : RAPTI, DANG



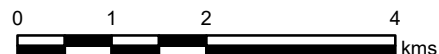
Point	Elevation	Latitude	Longitude	Vertical Limit
Take-off point : DEVIKOT	3400ft	27°53'34"N	82°41'44"E	<u>4000ft AMSL</u> GND
Landing Point : MAURIGHAT	960ft	27°51'37"N	82°41'24"E	
Boundary Points		Lateral Limit		
		Latitude	Longitude	
A		27°54'24"N	82°40'45"E	
B		27°53'57"N	82°42'57"E	
C		27°50'23"N	82°42'13"E	
D		27°50'50"N	82°40'01"E	
Note : 1. The Paragliding activities shall be conducted strictly during VMC condition within Sunrise to Sunset.				

Chitlang Paragliding Zone, Makwanpur District



Legend

- Boundary Point
- Landing Point
- Takeoff Point
- Road Network
- Builtup Area
- Barren Land
- Cultivation Area
- Forest Area
- River/Waterbody

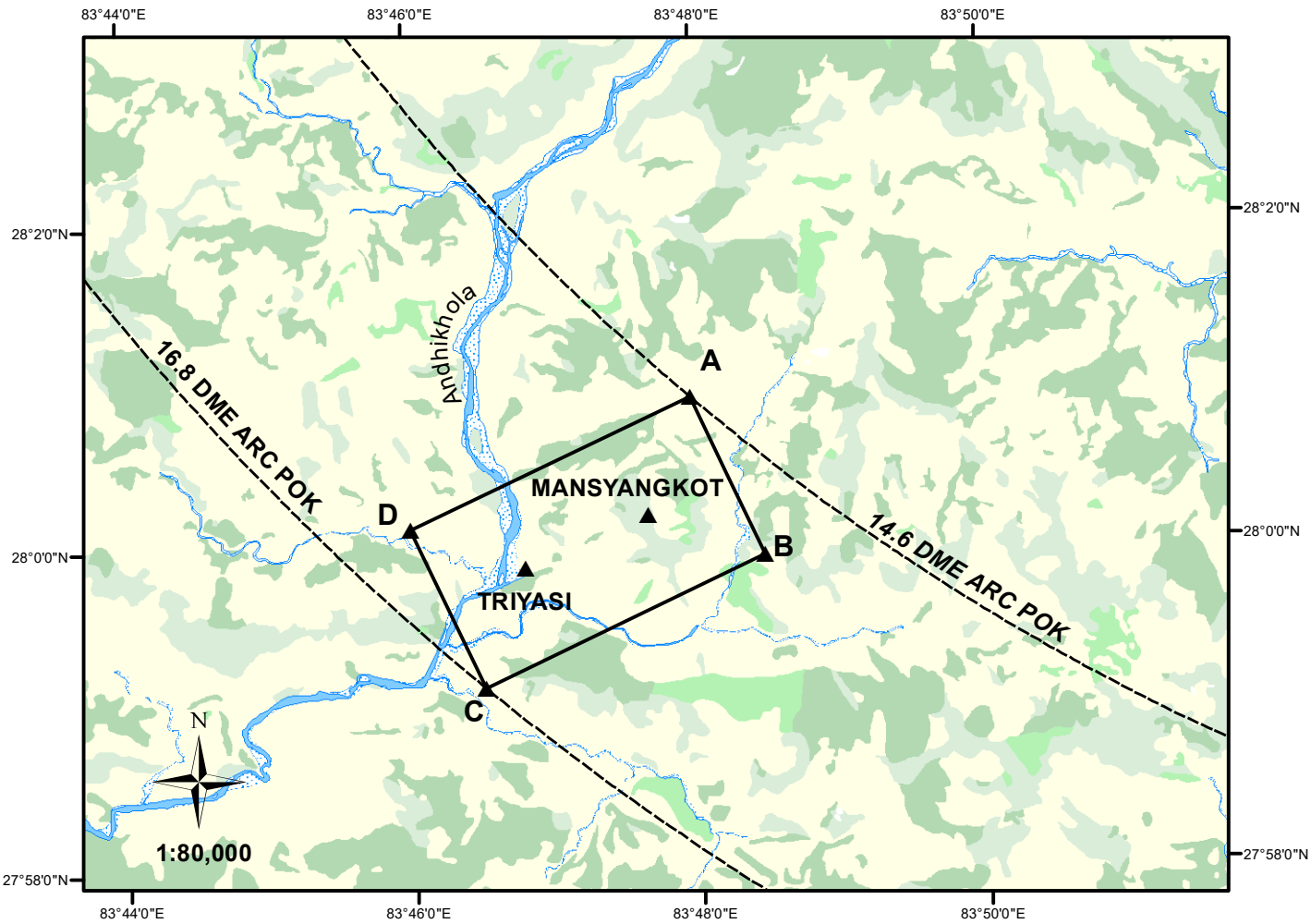


Note:- Operation hour after sunrise to before sunset

Point	Coordinate		Vertical Limit
	Latitude	Longitude	
Take-off Point: T (Chandragiri)	27° 40' 30.00" N	85° 11' 31.00" E	7000ft AMSL
Landing Point: L (Chitlang)	27° 39' 55.00" N	85° 11' 16.00" E	Ground
VOR/DME of Tribhuvan International Airport	27° 40' 25.00" N	85° 20' 55.00" E	

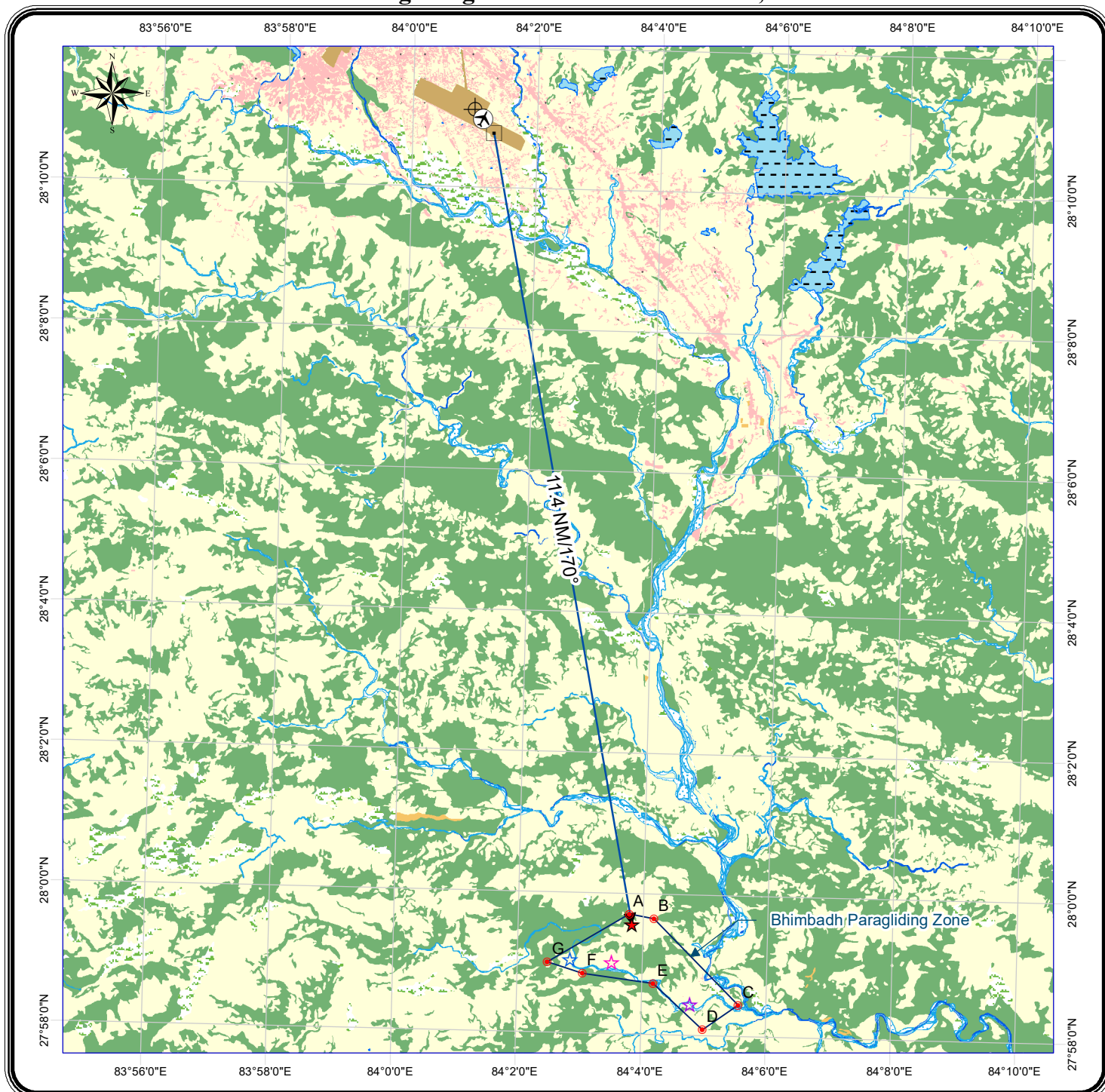
Boundary Point	Lateral Limit	
	Latitude	Longitude
C1	27° 40' 21.13" N	85° 11' 49.26" E
C2	27° 40' 46.24" N	85° 11' 19.33" E
C3	27° 38' 52.33" N	85° 09' 38.09" E
C4	27° 38' 28.13" N	85° 10' 18.77" E

PARAGALIDING ZONE : ANDHIKHOLA, SYANGJA



Point	Elevation	Latitude	Longitude	Vertical Limit
Take-off point : MANSYANKOT	4000ft	28°00'11"N	83°47'39"E	<u>5000ft AMSL</u> GND
Landing Point : TRIYASI	2410ft	27°59'52"N	83°46'47"E	
Boundary Points		Lateral Limit		
		Latitude	Longitude	
A		28°00'54"N	83°47'57"E	
B		27°59'55"N	83°48'28"E	
C		27°59'08"N	83°46'29"E	
D		28°06'07"N	83°45'59"E	
Note : 1. The Paragliding activities shall be conducted strictly during VMC condition within Sunrise to Sunset.				

Paragliding Zone : Bhimbadh Kalika, Tanahu



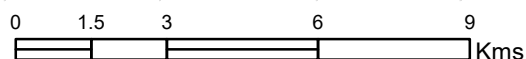
Points	Latitude (N)	Longitude (E)
ARP	28° 11' 06.71" N	84° 0' 59.74" E
GP/DME 30	28° 10' 46.776" N	84° 1' 18.544" E

Legend

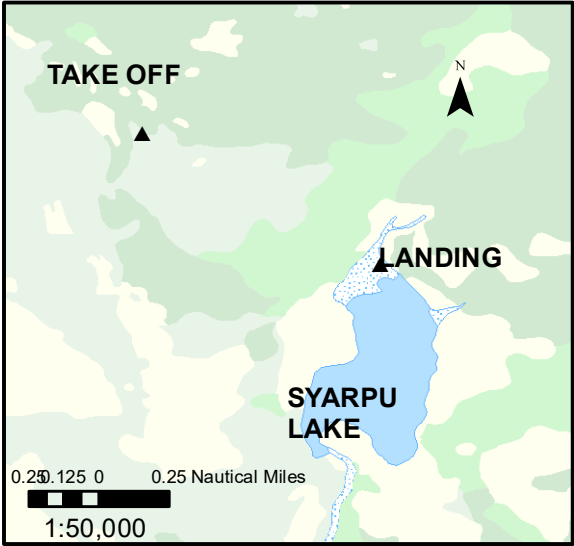
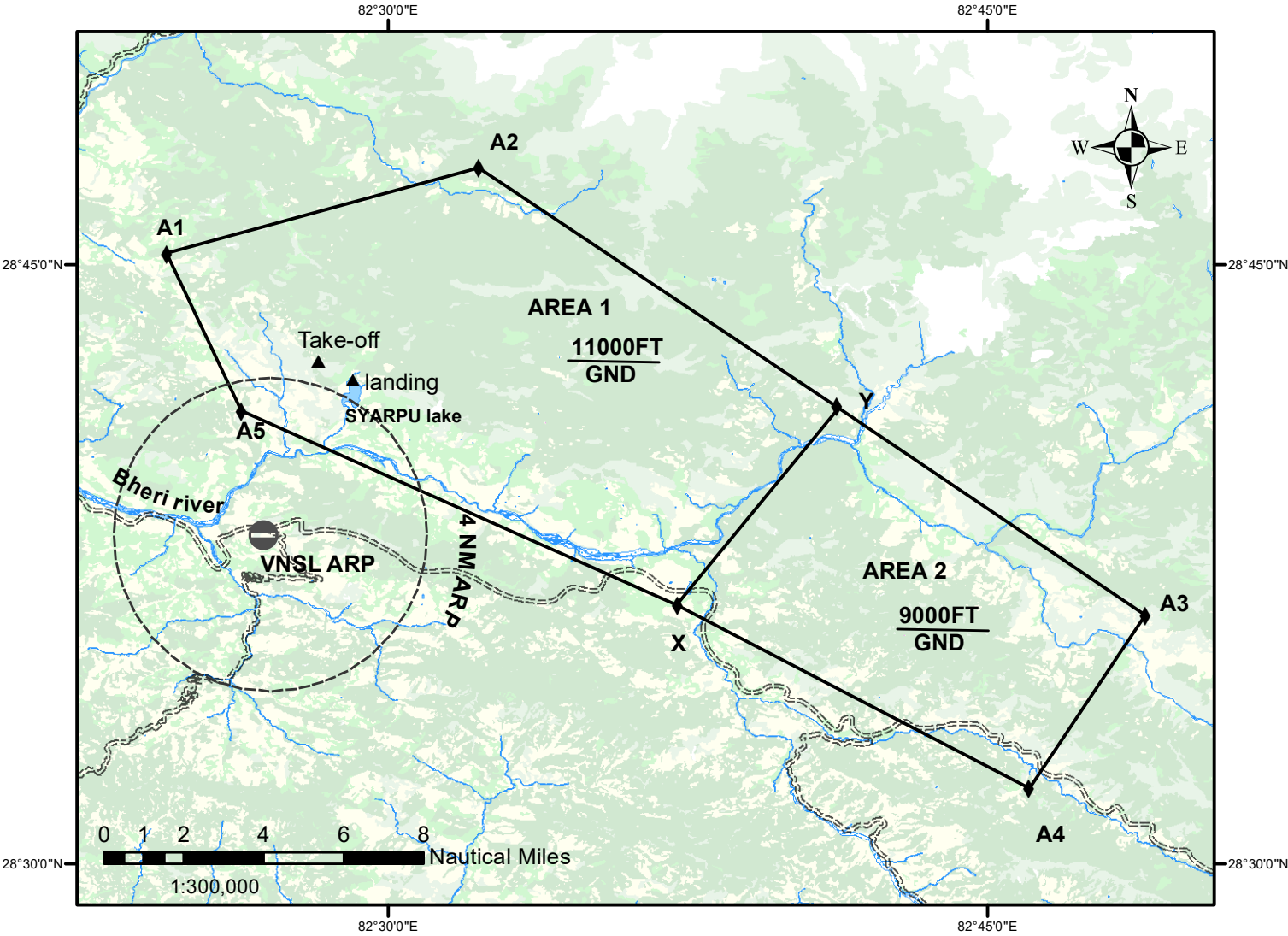
- Pokhara International Airport
- Aerodrome Reference Point
- Take Off Point
- Main Landing Point
- Alternate Landing Point 1
- Alternate Landing Point 2
- Boundary Point
- GP/DME 30

Points	Coordinate		Boundary Points	Coordinate		Vertical Limit
	Latitude (N)	Longitude (E)		Latitude (N)	Longitude (E)	
Take Off Point	27° 59' 34.008" N	84° 3' 49.608" E	A	27° 59' 42.738" N	84° 3' 46.901" E	3000 ft AMSL Ground
Main Landing Point	27° 59' 3.012" N	84° 2' 51.000" E	B	27° 59' 39.209" N	84° 4' 10.860" E	
			C	27° 58' 27.166" N	84° 5' 33.691" E	
			D	27° 58' 5.245" N	84° 5' 0.010" E	
			E	27° 58' 43.928" N	84° 4' 11.525" E	
Alternate Landing Point 1	27° 59' 0.996" N	84° 3' 30.996" E	F	27° 58' 51.023" N	84° 3' 3.539" E	
Alternate Landing Point 2	27° 58' 27.012" N	84° 4' 46.992" E	G	27° 59' 0.390" N	84° 2' 29.318" E	

Note: 0700 to 1200 operation hour



SYARPU PARAGLIDING AND SIV ZONE
BANPHIKOT, RUKUM



Point	Elevation	Latitude	Longitude	
Take off point	8100FT	284234N	0822816E	
Landing point	4350FT	284207N	0822907E	
ARP VNSL		283814N	0822658E	
Boundary Points				Vertical limit
Area 1	A1	284516N	0822427E	11000ft GND
	A2	284725N	0823216E	
	Y	284126N	0824114E	
	X	283628N	0823715E	
	A5	284119N	0822620E	
Area 2	X	283628N	0823715E	9000ft GND
	Y	284126N	0824114E	
	A3	283612N	0824857E	
	A4	283152N	0824603E	

- Note :
- 1. Operation hour between sunrise and sunset during Visual meteorological condition only.
 - 2. Paragliding activity to be conducted at maximum height upto 300ft AGL.
 - 3. Prior coordination with Salley Tower shall be done before commencing paragliding activities.